

Aboriginal Policing Preparation

PLAR Candidate Guide

Prior Learning Assessment and
Recognition (PLAR)



Tomorrow
in the making.

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The Aboriginal Policing Preparation program is dedicated to removing barriers and broadening the access to programs at Saskatchewan Polytechnic. We believe that adults acquire knowledge and skills through life and work experience that may align with courses within our programs.

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Table of contents

Why consider a PLAR assessment?	5
What are the PLAR options?.....	5
Option A: Individual course challenge.....	5
Fees:.....	5
How many courses can be challenged through PLAR?	5
Which courses are PLAR-ready?	6
Is PLAR available at any time of the year?.....	7
Is it easier to challenge a course through PLAR or take the course?	7
Methods of assessing prior learning	7
If I live out of town, do I have to travel to a main campus to do PLAR?	7
What if I have a disability & need equity accommodations?	8
Are there other methods to gain Saskatchewan Polytechnic course credits for prior learning? ...	8
Contact us.....	8
The PLAR process	9
Guiding principles for developing a PLAR evidence file.....	10
Types of evidence	10
How long will it take to prepare evidence for PLAR?	11
Steps to complete a self-audit	11
Self-audit guide(s)	12
CLTR 120 – Diversity.....	12
COMM 112 – Interpersonal Competence	14
COMM 119 – Writing Skills.....	15
COMM 224 – Presentation Skills	16
COMM 227 – Interviewing	17
CORR 167 – Criminal Justice System	18
LAW 162 – Criminal Law.....	19
LAW 163 – Law Enforcement Reporting Procedures.....	20
LEGL 141 – Policing in Canada	21
LEGL 142 – Ethics in Policing Careers	22
LEGL 143 – Preparation for Police Assessments.....	23
LEGL 144 – Criminal Investigation.....	24
LERN 140 – Academic Management	25
NAST 120 – Aboriginal Studies.....	26

PERS 142 – Personal Wellness	28
SPSY 123 – Suicide Intervention	29
SPSY 140 – Addictions	30
SPSY 241 – Family Violence	31

Why consider a PLAR assessment?

PLAR refers to the combination of flexible ways of evaluating people's lifelong learning, both formal and informal against a set of established standards. You can receive academic credit for your relevant lifelong learning. The Aboriginal Policing Preparation program recognizes prior learning in a number of ways.

We recognize:

- Previous formal learning from an accredited training institution through transfer of credit.
- Previous informal learning or experiential learning through a comprehensive prior learning and recognition process.

What are the PLAR options?

To be eligible for PLAR, an applicant must first register or already be registered as a Saskatchewan Polytechnic student.

Option A: Individual course challenge

If you have experience in the law enforcement field, and have learned the skills and knowledge for **one or more** of the Correctional Studies courses, you may apply to be assessed for each applicable course.

Fees:

- There will be a charge for each individual course assessment.
- For a listing of the specific PLAR fees, check the [PLAR database](#) or call Saskatchewan Polytechnic and ask to speak to the PLAR advisor/counsellor assigned to the Aboriginal Policing Preparation program at: 1-866-467-4278.

How many courses can be challenged through PLAR in the Aboriginal Policing Preparation program?

There is no limit. You may challenge as many of these courses as you are able to prove prior skills and knowledge through assessment.

Which courses are PLAR-ready?

Aboriginal Policing Preparation Program Profile			
COURSE CODE	COURSE NAME	PLAR Challenge(s) available through program	PLAR Challenge(s) not available
CLTR 120	Diversity	✓	
COMM 112	Interpersonal Communication	✓	
COMM 119	Writing Skills	✓	
COMM 224	Presentation Skills	✓	
COMM 227	Interviewing	✓	
CORR 167	Criminal Justice System	✓	
LAW 162	Criminal Law	✓	
LAW 163	Reporting Procedures for Law Enforcement	✓	
LEGL 141	Policing in Canada	✓	
LEGL 142	Ethics in Policing Careers	✓	
LEGL 143	Preparation for Police Assessments	✓	
LEGL 144	Criminal Investigation	✓	
LERN 140	Academic Management for Corrections	✓	
NAST 120	Aboriginal Studies	✓	
PERS 142	Personal Wellness	✓	
SPSY 123	Suicide Intervention	✓	
SPSY 140	Addictions	✓	
SPSY 241	Family Violence	✓	
WORK 154	Work Experience		X

Note: Some courses common to multiple programs at Saskatchewan Polytechnic (i.e. computers, communications, math, and sciences) are managed by associated studies faculty. To see if these shared courses in your program are PLAR-ready, visit the [PLAR homepage](#) for links to Candidate Guides for Associated Studies/Communications and for Standardized Computers.

For assistance call Saskatchewan Polytechnic and ask to speak to the PLAR advisor/[counsellor](#) assigned to the Correctional Studies program at: 1-866-467-4278.

Is PLAR available at any time of the year?

PLAR challenges are currently being offered from September through June. No assessments are completed in July and August.

Is it *easier* to challenge a course through PLAR or take the course?

Neither is easier. By using PLAR you may reduce the repetition of studying information that you already know. The PLAR process allows you to demonstrate knowledge you already have.

PLAR is not an easy way to certification, rather a “different” way to obtain certification. Your personal level of skill and experience will dictate which courses you choose to challenge. The self-audit section found later in this guide will help you decide if you have a good match of skill and knowledge for a specific course.

Methods of assessing prior learning

Assessment methods measure an individual’s learning against course learning outcomes. The assessment methods listed below are the ones most commonly used, but other forms of flexible assessment may be considered. These assessments may include one or a combination of the following assessment tools:

- product validation & assessment
- challenge exam
- standardized tests
- performance evaluations (including skill demonstrations, role plays, clinical applications, case studies)
- interviews and oral exams
- equivalency (evaluations of learning from non-credit training providers)
- evidence or personal documentation files (providing evidence of learning from life and work experiences and accomplishments)

If I live out of town, do I have to travel to a main campus to do PLAR?

There will be times that you will need to meet with the program on campus. However, we will try to keep travel to a minimum.

What if I have a disability & need equity accommodations?

At Saskatchewan Polytechnic, we understand that sometimes services must be provided to students in a variety of ways to achieve the goals of fair representation. Therefore, the range of services provided for Education Equity students is as diverse as the needs of those students. We strive for equity (not uniformity) and provide varied services for students with differing needs. If more information is required, please contact a Saskatchewan Polytechnic counsellor at a campus closest to you or refer to the Saskatchewan Polytechnic website: [Saskatchewan Polytechnic – Counselling Services](#)

Are there other methods to gain Saskatchewan Polytechnic course credits for prior learning?

Transfer Credit

Yes, Saskatchewan Polytechnic will grant credit for previous training that is similar in content, objectives, and evaluation standards to Saskatchewan Polytechnic training. Transfer of credit is different from the PLAR process. Transfer Credit guidelines may be found at: <http://saskpolytech.ca/admissions/resources/transfer-credit.aspx>

It is the student's responsibility to check with [Registration Services](#) for specific campus procedures on this policy. For specific information and guidelines regarding transfer of credit, contact a [Saskatchewan Polytechnic educational counsellor](#).

The Aboriginal Policing Preparation program currently has an articulation agreement with the University of Regina. Please check with the faculty advisor for the transfer of credit for individual courses.

Contact us

If more information is required, please contact a designated PLAR counsellor at a campus closest to you.

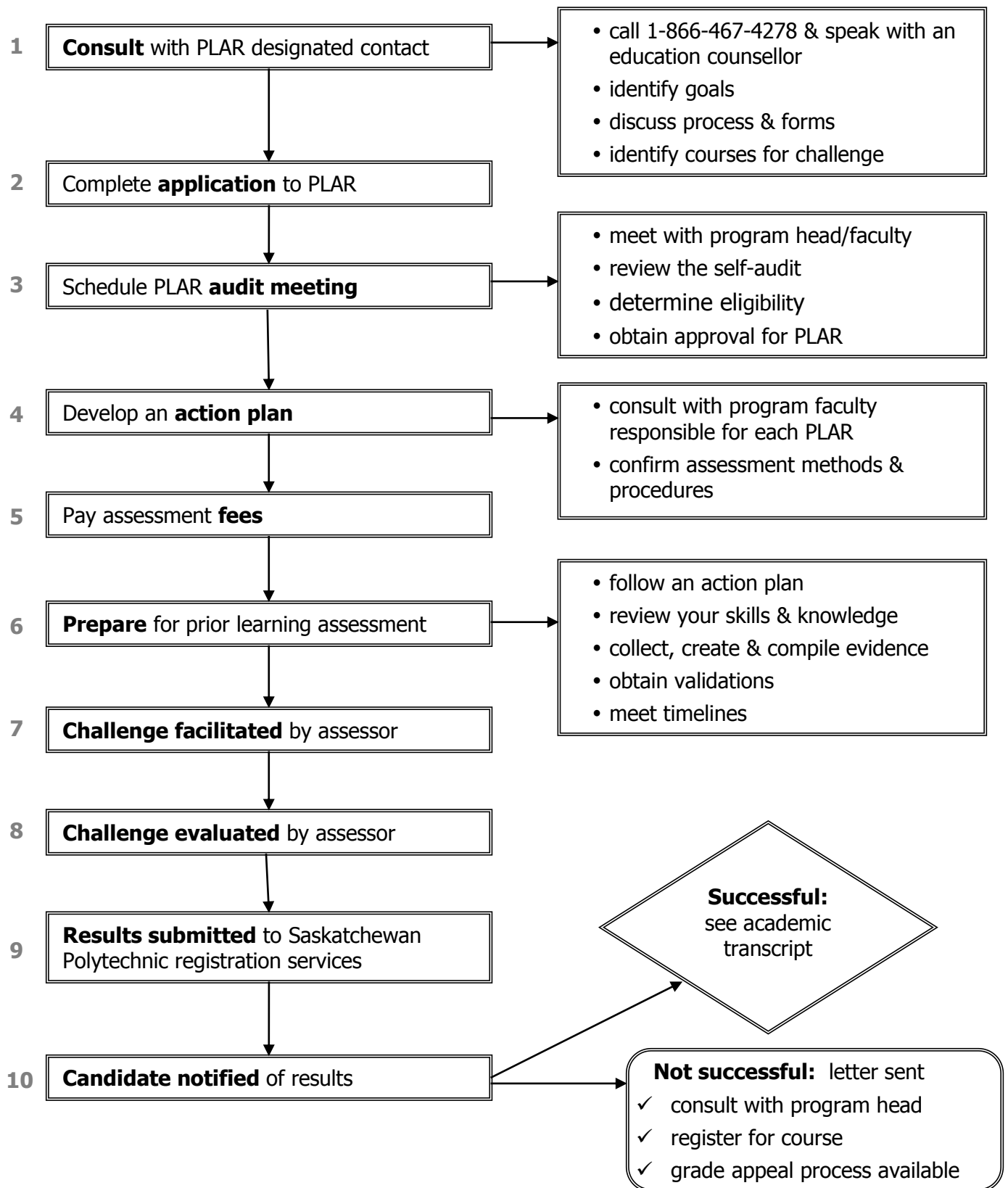
Saskatchewan Polytechnic in Moose Jaw
Counselling Services, Room 2.203
306-691-8311 or 306-691-8310
palliscounselling@saskpolytech.ca

Saskatchewan Polytechnic in Prince Albert
Counselling Services, Room F203 (Technical Centre)
306-765-1611
woodlandcounselling@saskpolytech.ca

Saskatchewan Polytechnic in Regina
Counselling Services, Room 228
306-775-7436
wascanacounselling@saskpolytech.ca

Saskatchewan Polytechnic in Saskatoon
Counselling Services, Room 114
306-659-4050
kelseycounselling@saskpolytech.ca

Prior Learning Assessment and Recognition process



Guiding principles for developing a PLAR evidence file

1. As you begin the PLAR process you will be advised if any evidence is required. This will be identified in your **action plan**. Check with the PLAR designated contact before you begin to gather evidence.
2. Evidence must be valid and relevant. Your evidence must match the learning outcomes identified for each course.
 - It is your responsibility to create, collect and compile relevant evidence – if required.
3. Learning must be current, which in this program typically means within the last five years.
4. The evidence should demonstrate the skills and knowledge from your experiences.
5. The learning must have both a theoretical and practical component.

Types of evidence

There are three types of evidence used to support your PLAR request:

1. Direct evidence – what you can demonstrate for yourself.
2. Indirect evidence – what others say or observe about you.
3. Self-evidence – what you say about your knowledge and experience.

Ensure that you provide full evidence to your Aboriginal Policing Preparation program faculty assessor so that your prior learning application is assessed appropriately. Well organized, easy to track evidence will also ensure that none of the evidence is missed or assessed incorrectly.

Here are some examples of evidence that you may be requested to submit as part of your evidence file (if required):

- resource lists
- written descriptions and analysis
- experience (activity) outlines
- philosophy statement
- observations
- workplace validations
- work samples
- photos of environments
- videotapes
- prop boxes

All documents that are submitted to Saskatchewan Polytechnic may be returned to the student after the final results have been given and the grade appeal deadline of seven days has passed. A copy of transcripts and certificates may be included in your evidence file, but be prepared to show original documents at the PLAR audit meeting for validation.

How long will it take to prepare evidence for PLAR?

Since the requirements are different for each course, and each candidate has different experiences, the amount of time it takes to prepare your evidence will vary.

Steps to complete a self-audit

1. Read through the levels of competence as listed below.

Mastery:	I am able to demonstrate the learning outcome well enough to teach it to someone else.
Competent:	I can work independently to apply the learning outcome.
Functional:	I need some assistance in using the outcome.
Learning:	I am developing skills and knowledge for this area.
None:	I have no experience with the outcome.

Learning outcomes

For each learning outcome listed, please self-evaluate your competency levels and record in the appropriate column for each self-audit.

2. Take a few minutes and read through the following self-audit for each course you are interested in as a PLAR candidate.
3. Check your level of competence as you read through each of the learning outcomes for each course. The information will help you in your decision to continue with your PLAR application.
4. In order to be successful in a PLAR assessment, your abilities must be at the competent or mastery level for the majority of the learning outcomes. Some things to consider when determining your level of competence are:
 - How do I currently use this outcome?
 - What previous training have I had in this outcome: workshops, courses, on-the-job?
 - What personal development or volunteer experience do I have in this area?

Be prepared to explain the reason you chose this level if asked by an assessor.

5. Bring the completed self-audit to a consultation meeting with the program head or faculty member in [step 3 – PLAR process](#) of the candidate process for prior learning assessment.

Self-audit guide(s)

CLTR 120 – Diversity

You will examine the elements of cultural diversity in the workplace. You will examine perspectives of personal, historical and cultural backgrounds of yourself and others. You will also examine racism and issues of power.

Credit unit(s): 3.0

Equivalent Course(s): SOCI 170

CLTR 120 – Diversity	Mastery	Competent	None
Mastery: I am able to demonstrate it well enough to teach it to someone else.			
Competent: I can work independently to apply the outcome.			
None: I have no experience with the outcome.			
1. Examine the diverse Canadian identity.			
2. Examine human rights and freedoms in Canada.			
3. Respect the race, ethnicity, and culture of others.			
4. Examine diverse religions and spiritual beliefs.			
5. Examine the experiences of people with disabilities.			
6. Examine issues relating to gender.			
7. Examine sexual orientation.			
8. Describe family diversity.			
9. Describe social inequality in Canada.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

A copy of the employer validation checklist must accompany the evidence file and verify training and skills acquired during the course of employment.

2. Challenge exam/assignment

Complete a comprehensive assignment that analyzes the candidate's experience in dealing with a diverse population.

3. Structured interview

Complete a structured interview that addresses the learning outcomes in this course.

Resources

Candidates may find the following resource useful in preparing their PLAR challenge:

Bo yington, Roberts, Kazarian. (2008). *Diversity and First Nations Issues in Canada*.

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

COMM 112 – Interpersonal Competence

You will focus on developing basic communication skills including effective listening and responding skills, trust building, verbal and nonverbal communication. You will also examine the role of self concept in effective communication.

Credit unit(s): 2.0

Equivalent Course(s): COMM 107, COMM 291, COMM 196, HUMR 186

COMM 112 – Interpersonal Competence	Mastery	Competent	None
Mastery: I am able to demonstrate it well enough to teach it to someone else.			
Competent: I can work independently to apply the outcome.			
None: I have no experience with the outcome.			
1. Examine the foundation of interpersonal competence.			
2. Examine the role of self concept in interpersonal competence.			
3. Use strategies for effective listening and responding.			
4. Use strategies for effective verbal communication.			
5. Examine elements of non-verbal communication			
6. Demonstrate effective interpersonal communication skills.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

A copy of the employer validation checklist must accompany the evidence file and verify training and skills acquired during the course of employment.

2. Demonstration

Candidates may be required to submit a videotape that demonstrates skills in learning outcomes 3, 4 and 6.

3. Journal

Candidates may be required to complete a journal that addresses learning outcomes 1, 2 and 5.

Resources

Candidates may find the following resources useful in preparing their PLAR challenge:

Greenick & McGruthers. *Interpersonal Group Skills for Law Enforcement*.

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

COMM 119 – Writing Skills

You will practice a variety of written communication styles. You will receive information on basic grammar and the mechanics of writing. You will do research and create a research essay. Additionally you will develop a professional portfolio.

Credit unit(s): 3.0

Equivalent Course(s): COMM 295

COMM 119 – Writing Skills	Mastery	Competent	None
Mastery: I am able to demonstrate it well enough to teach it to someone else.			
Competent: I can work independently to apply the outcome.			
None: I have no experience with the outcome.			
1. Apply the structure of written communication.			
2. Demonstrate proper use of grammar and punctuation.			
3. Prepare for essay writing.			
4. Complete a research essay using American Psychological Association (APA) formatting rules.			
5. Create a variety of reports/forms.			
6. Develop a professional portfolio.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

Requirements for evidence file

- A professional portfolio including pertinent information within these categories:
 - Resume; community development; awards, certificates; professional development supervision and evaluation documents; initiatives and special projects; personal interests
- A research essay utilizing APA format that has a minimum of 750 words

2. Challenge exam

Complete a comprehensive challenge exam on the rules of grammar.

Resources

Candidates may find the following resource useful in preparing their PLAR challenge:

Norton/Green. *The Bare Essentials: Form A.* (any edition)

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

COMM 224 – Presentation Skills

You will learn the basics of effective presentation skills and have the opportunity to deliver a group presentation.

Credit unit(s): 2.0

COMM 224 – Presentation Skills			
Mastery: I am able to demonstrate it well enough to teach it to someone else.	Mastery	Competent	None
Competent: I can work independently to apply the outcome.			
None: I have no experience with the outcome.			
1. Describe the role of effective public speaking in controlled settings.			
2. Describe key elements of presentation skills and their application.			
3. Prepare a presentation.			
4. Demonstrate presentation skills.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

The PLAR candidate will submit an evidence file that contains documentation verifying the delivery of a minimum of three presentations, each one twenty minutes in length.

2. Demonstration

The candidate will submit a twenty minute presentation delivered to an audience of colleagues, parents or peers, utilizing PowerPoint as part of the presentation.

- This must be submitted using DVD or CD ROM
- Audience handout to accompany presentation

Resources

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

COMM 227 – Interviewing

You will review and apply the skills necessary to conduct effective interviews in law enforcement settings.

Credit unit(s): 2.0

COMM 227 – Interviewing Mastery: I am able to demonstrate it well enough to teach it to someone else. Competent: I can work independently to apply the outcome. None: I have no experience with the outcome.	Mastery	Competent	None
1. Identify categories of interviews.			
2. Describe the elements of change.			
3. Describe basic interview principles.			
4. Apply interview skills.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

A copy of the employer validation checklist must accompany the evidence file and verify training and skills acquired during the course of employment. These will include:

- Description of agency and client group
- Situation in which candidate utilizes motivational interviewing
- Estimate number of hours that the candidate utilizes motivational interviewing
- Evaluation of skills related to learning outcomes

2. Demonstration

The candidate will submit a thirty minute individual interview session demonstrating the stages of motivational interviewing. This must be submitted using DVD or CD.

Resources

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

CORR 167 – Criminal Justice System

You will examine the components of the criminal justice system. You will examine how the components work together to respond to crime and crime control.

Credit unit(s): 3.0

CORR 167 – Criminal Justice System Mastery: I am able to demonstrate it well enough to teach it to someone else. Competent: I can work independently to apply the outcome. None: I have no experience with the outcome.	Mastery	Competent	None
1. Examine the components of the criminal justice system.			
2. Analyze the socio-political elements of crime control.			
3. Analyze the role of the police.			
4. Analyze the role of the courts.			
5. Describe the role of correctional institutions and community release options.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

A copy of the employer validation checklist must accompany the evidence file and verify training and skills acquired during the course of employment.

2. Challenge exam/assignment

Candidates may be required to complete a comprehensive exam that addresses the learning outcomes in this course.

Resources

Candidates may find the following resource useful in preparing their PLAR challenge:

Griffiths, Curt T. *Canadian Criminal Justice: A Primer*. Third Edition

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

LAW 162 – Criminal Law

You will examine the Criminal Code and its relationship to selected criminal offenses and cases. You will also examine elements of a crime, pre-trial criminal procedures and the significance of the Charter of Rights and Freedoms as it impacts on criminal law.

Credit unit(s): 3.0

LAW 162 – Criminal Law Mastery: I am able to demonstrate it well enough to teach it to someone else. Competent: I can work independently to apply the outcome. None: I have no experience with the outcome.	Mastery	Competent	None
1. Describe the evolution and development of law in Canada.			
2. Discuss sources of legal rules and interpretations.			
3. Describe the determinants of criminal liability.			
4. Explain pre-trial procedures.			
5. Examine criminal code offences.			
6. Examine provincial statutes.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Challenge exam

Students will be required to complete a comprehensive challenge exam that covers the Canadian Criminal Code.

Resources

Candidates may find the following resources useful in preparing their PLAR challenge:

Barnhorst, R. & Barnhorst, SI (2004). *Criminal Law and the Canadian Criminal Code* (4th Ed.)
Pocket Criminal Code

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

LAW 163 – Law Enforcement Reporting Procedures

You will develop observational skills to collect information to write a variety of law enforcement reports. Based on these acquired skills, you will write reports. You will also link information in these reports to the delivery of testimony in court.

Credit unit(s): 2.0

LAW 163 – Law Enforcement Reporting Procedures			
Mastery: I am able to demonstrate it well enough to teach it to someone else.	Mastery	Competent	None
Competent: I can work independently to apply the outcome.			
None: I have no experience with the outcome.			
1. Use effective listening and observation skills to collect information.			
2. Apply observation skills to law enforcement situation.			
3. Describe the operational and legal role of police reports.			
4. Write police reports.			
5. Present testimony and evidence in courtroom settings.			

PLAR assessment methods

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1. Challenge exam

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Resources

Candidates may find the following resources useful in preparing their PLAR challenge:

Barnhorst, R. & Branhorst, S. (2004). *Criminal Law and the Canadian Criminal Code* (4th Ed.)
Pocket Criminal Code

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

LEGL 141 – Policing in Canada

You will examine the origins and philosophical development of policing in Canada from its inception to current policing practices. You will learn about the structure of police organizations, policing models, and strategies associated with current policing methods.

Credit unit(s): 2.0

LEGL 141 – Policing in Canada Mastery: I am able to demonstrate it well enough to teach it to someone else. Competent: I can work independently to apply the outcome. None: I have no experience with the outcome.	Mastery	Competent	None
1. Examine the historical components of policing in Canada.			
2. Describe the structures of current police organizations.			
3. Assess police accountability.			
4. Analyze the impact of politics on policing.			
5. Examine current policing strategies.			
6. Discuss the future of policing.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Challenge exam/assignment

Completion of a comprehensive challenge exam that covers the history of policing in Canada or a one thousand word essay utilizing APA formatting on an agreed upon topic relating to the history of policing in Canada.

LEGL 142 – Ethics in Policing Careers

You will study the process of developing values and how they relate to the development of morals. You will examine the concepts embodied in values clarification and moral dilemmas, as they apply to the field of policing.

Credit unit(s): 2.0

LEGL 142 – Ethics in Policing Careers	Mastery	Competent	None
Mastery: I am able to demonstrate it well enough to teach it to someone else.			
Competent: I can work independently to apply the outcome.			
None: I have no experience with the outcome.			
1. Describe the process of developing values.			
2. Identify values in self and others.			
3. Examine the role of values in policing.			
4. Apply critical thinking skills to moral dilemmas.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Challenge exam/assignment

Candidates will complete a structured set of questions relating to moral dilemmas in the field of law enforcement.

Resources

Candidates may find the following resources useful in preparing their PLAR challenge:

Reputable Conduct: Ethical Issues in Policing and Corrections

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

LEGL 143 – Preparation for Police Assessments

Your studies will provide you with an opportunity to develop practical strategies to improve cognitive and academic skill testing to enter the police field. You will practice writing simulated exams and participate in mock interviews in order to develop skills in this area. You will also develop a resume and a portfolio specific for entry into the field of policing.

Credit unit(s): 4.0

LEGL 143 – Preparation for Police Assessments Mastery: I am able to demonstrate it well enough to teach it to someone else. Competent: I can work independently to apply the outcome. None: I have no experience with the outcome.	Mastery	Competent	None
1. Develop strategies for completing written skill assessments.			
2. Write simulated exams.			
3. Develop a resume, covering letter and portfolio.			
4. Develop job interview skills.			
5. Apply job interview skills in mock interviews.			
6. Demonstrate safe handling of firearms.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Challenge exam

Candidates who have successfully passed the RPAT or SIGMA exam and who have passed the interview portion of the RCMP/Municipal Police selection will be granted PLAR.

LEGL 144 – Criminal Investigation

You will learn about the processes involved in conducting a criminal investigation. You will have an opportunity to develop skills such as note taking, investigative photography, incident scene drawing, and search techniques.

Credit unit(s): 2.0

LEGL 144 – Criminal Investigation Mastery: I am able to demonstrate it well enough to teach it to someone else. Competent: I can work independently to apply the outcome. None: I have no experience with the outcome.	Mastery	Competent	None
1. Identify elements and processes used in conducting a criminal investigation.			
2. Describe relations between criminal investigation and criminal law.			
3. Apply search and seizure techniques.			
4. Identify crime scene techniques.			
5. Practice elements of crime scene photography.			
6. Practice note taking and incident scene drawing.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

A copy of the employer validation checklist must accompany the evidence file and verify training and skills acquired during the course of employment in the field of addictions.

3. Challenge exam

Complete a comprehensive exam.

Resources

Candidates may find the following resources useful in preparing their PLAR challenge:

Criminal Investigation: In Search of the Truth

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

LERN 140 – Academic Management

You will learn and practice academic management skills that you will need to be successful in a post secondary environment.

Credit unit(s): 2.0

LERN 140 – Academic Management Mastery: I am able to demonstrate it well enough to teach it to someone else. Competent: I can work independently to apply the outcome. None: I have no experience with the outcome.	Mastery	Competent	None
1. Discuss the academic requirements in the Correctional Studies and Aboriginal Policing Preparation program.			
2. Describe personality types and learning styles.			
3. Apply learning/study skills strategies.			
4. Apply problem solving skills.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

Provide evidence of successful completion of one year of post secondary programming.

- Any relevant documentation to support courses in study skills, time management, and test taking.

Resources

No resources are required for this course.

NAST 120 – Aboriginal Studies

You will examine elements of First Nations culture with a view to understanding both historical elements and contemporary issues in Canada. You will also examine information on the residential school system, the struggle of the Métis for legal and cultural recognition and Aboriginal cultural practices as the information applies to the community and law enforcement.

Credit unit(s): 4.0

Equivalent Course(s): YCW 189

NAST 120 – Aboriginal Studies Mastery: I am able to demonstrate it well enough to teach it to someone else. Competent: I can work independently to apply the outcome. None: I have no experience with the outcome.	Mastery	Competen	None
1. Examine components of law enforcement and Aboriginal people.			
2. Examine current Aboriginal cultural practices.			
3. Examine the pre-contact and first contact periods of Aboriginal people and Europeans.			
4. Examine treaty processes and Indian policy development			
5. Examine the residential school system of Canada.			
6. Examine contemporary issues of Aboriginal people in Canada.			
7. Examine the history and present day status of the Métis people.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

Candidates must provide evidence that they have taken courses that deal with the learning outcomes and that they have participated in cultural events in the Aboriginal community.

2. Challenge exam

Candidates may be required to complete a challenge exam that addresses the learning outcomes in this course.

3. Structured Interview

Candidates may be required to complete an interview that addresses the learning outcomes in this course.

Resources

Candidates may find the following resources useful in preparing their PLAR challenge:

Boyington, Roberts, Kazarian. (2008). *Diversity and First Nations Issues in Canada*.

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

PERS 142 – Personal Wellness

You will examine aspects of personal wellness with emphasis on maintaining a healthy lifestyle.

Credit unit(s): 3.0

Equivalent Course(s): ECE 142, HLTH 184, NEPS 116, PE 181

PERS 142 – Personal Wellness	Mastery	Competen	None
Mastery: I am able to demonstrate it well enough to teach it to someone else.			
Competent: I can work independently to apply the outcome.			
None: I have no experience with the outcome.			
1. Describe an holistic approach to personal wellness.			
2. Examine emotional well being.			
3. Manage stress.			
4. Improve nutrition and physical fitness status.			
5. Examine sexuality and relationships.			
6. Make decisions about alcohol and drug use.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

A copy of the employer validation checklist must accompany the evidence file and verify training and skills acquired during the course of employment.

2. Challenge exam

- Candidates may be required to complete a comprehensive exam that addresses the learning outcomes in this course
- Candidates may be required to complete an assigned journal detailing the candidate's life style relating to physical activity and nutrition.

3. Structured interview

Candidates may be required to complete an interview that addresses the learning outcomes in this course.

Resources

Candidates may find the following resources useful in preparing their PLAR challenge:

Focus on Health

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

SPSY 123 – Suicide Intervention

You will examine suicide in the institutional setting and suicide risk assessment tools. You will learn suicide prevention techniques by completing the Living Works Program.

Credit unit(s): 1.0

SPSY 123 – Suicide Intervention	Mastery	Competent	None
Mastery: I am able to demonstrate it well enough to teach it to someone else.			
Competent: I can work independently to apply the outcome.			
None: I have no experience with the outcome.			
1. Examine common perspectives on suicide.			
2. Apply suicide risk assessment.			
3. Demonstrate suicide intervention techniques.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

- Candidates must submit evidence of training that specifically addresses the development of intervention skills and assessment in suicide intervention
- A copy of the employer validation checklist must accompany the evidence file and verify training and skills acquired during the course of employment.

SPSY 140 – Addictions

You will examine the theoretical perspectives of addictive behaviours with a focus on substance abuse and problematic gambling.

Credit unit(s): 3.0

Equivalent Course(s): YCW 284

SPSY 140 - Addictions	Mastery	Competent	None
Mastery: I am able to demonstrate it well enough to teach it to someone else.			
Competent: I can work independently to apply the outcome.			
None: I have no experience with the outcome.			
1. Describe the effects of alcohol and other drugs.			
2. Examine addiction and addiction intervention/treatment strategies.			
3. Describe the impact of FASD on offender behaviour.			
4. Describe assessment and screening procedures.			
5. Examine the federal and provincial corrections substance abuse strategies.			
6. Examine harm reduction strategies.			

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

A copy of the employer validation checklist must accompany the evidence file and verify training and skills acquired during the course of employment in the field of addictions.

2. Challenge exam

Candidates may be required to complete a comprehensive challenge exam or assignment that addresses the learning outcomes in this course.

3. Structured interview

Candidates may be required to complete a structured interview that addresses the learning outcomes in this course.

Resources

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.

SPSY 241 – Family Violence

You will study the cycle of violence in a family setting. You will apply this knowledge to understanding the perpetrator and the victim when planning interventions. You will explore victim and offender treatment programs available in the institution and the community.

Credit unit(s): 2.0

SPSY 241 – Family Violence		Mastery	Competent	None
Mastery:	I am able to demonstrate it well enough to teach it to someone else.			
Competent:	I can work independently to apply the outcome.			
None:	I have no experience with the outcome.			
1. Examine theories and models of family violence.				
2. Describe characteristics of family violence.				
3. Examine current legislation dealing with family violence.				

PLAR assessment methods

If you qualify for PLAR, you may be asked to demonstrate your learning in one or more of the following ways. Be prepared to discuss the expectations during a consultation meeting.

1. Evidence file

Candidates must provide evidence that they have taken training that addresses the learning outcomes in this course.

- A copy of the employer validation checklist must accompany the evidence file and verify training and skills acquired during the course of employment.

2. Challenge exam/assignment

Candidates may be required to complete a comprehensive challenge exam or assignment that addresses the learning outcomes in this course.

3. Structured interview

Candidates may be required to complete a structured interview that addresses the learning outcomes in this course.

Resources

Note: The Aboriginal Policing Preparation program operates a group website that contains current course materials and links to relevant resources. Once a candidate has applied and been accepted into the program, the candidate will be granted access to the website.