

Volleyball - Game Play Rules & Guidelines

General

1. All players are on the team's roster.
2. Players must have signed Intramural Waiver form prior to participation.
3. All players must present their valid Sask. Polytech ID card to participate.
4. Respect of others and enjoyment of the game is the priority.
5. Have fun!

Players

1. Maximum number of players on the court is six. Minimum of five to begin an official game.
 - a. A roster of 6-10 people is encouraged.
 - b. Each team is encouraged to have at minimum one female on the roster, though it is not mandatory.
2. If a team has fewer than five players at match start time they will be granted five minutes (after scheduled start time) to wait for rostered players to show up. After the five minutes is up, the match is defaulted.
 - a. Exhibition match can take place following default if teams want to share players and play for fun.

Game Play

1. Teams should be assembled and ready to begin play at least 5 minutes prior to the scheduled start of their game.
2. Points will be scored using the rally scoring system
 - a. League games will be two sets; each set will be to 25 points
 - b. Playoff games will be a best of three match: first two sets to 25 points (win by 2), third to 15 points (win by 2).

3. The captains will play rock, paper, scissors to determine serve, receive, or side. The winner chooses one of the following: a) to serve or receive; or b) choose which side you want to begin the game on. The other team is given the remaining choice.
4. When two courts are set up for game play, players will be allowed one step in on each end line when attempting a serve. This is not the case when centre court is being used.
5. Teams will rotate clockwise after every side out.

Notes

1. Defaulted games will receive a score of 25-0, 25-0 on the scoresheet.
2. Games cancelled or postponed due to conflicts with gym times will be rescheduled if possible. If a game cannot be rescheduled, the game will be officially recorded as a tie.
3. Extra players are encouraged to keep score. Wellness Coordinators can help if teams are short extra players.
4. If Wellness Coordinators feel at any time your footwear is not suitable for the gym, they will ask you to change footwear or ask you to leave the gymnasium floor area.
5. Wellness Coordinator will ensure:
 - Game Play Rules and Guidelines are being followed
 - Captain responsibilities are maintained
 - Safe play
6. **Unacceptable/Unsportsmanlike Conduct enforced.**

Behaviour displayed by the players and spectators is expected to be encouraging, sportsman like, cooperative, fair, honest and inclusive. Any behaviour that endangers others and/or is considered disrespectful will not be tolerated. If a team or a player has displayed offensive behaviours or unsportsmanlike behaviour endangering others such as:

 - Discrimination of any kind
 - Violence and/or abuse; physical, sexual, or verbal
 - Profane or obscene language
 - Defamatory, inflammatory, insulting, or disrespectful comments
 - Argumentative, Intimidating, Demonstrative
 - Deceitful or Unfair

Player(s) and/or spectators who choose to display unacceptable and/or unsportsmanlike conduct will be subject to the league rules and guidelines, which include a procedure of ejection from the sport for the remainder of the season.

The procedure is as follows:

- *1st offence*: The team or player will be warned by a Wellness Coordinator.
- *2nd offence*: The team or player will be ejected from the game and asked to exit the facility. The incident will be on record.
- *3rd offence*: The team or player will be ejected from the game and suspended until the incident report is reviewed by league management.