



# Saskatchewan Health Card

**International Students Guide**



## Disclaimer

Information on this guide is regularly reviewed and updated by an international student advisor. However, this is not an official guide from eHealth Saskatchewan and information may change without notice. Always refer to [eHealth Saskatchewan website](#) for the most up-to-date information or contact directly thru below info.

## eHealth Saskatchewan Contact Info

2130 11th Avenue, 3rd Floor  
Regina, SK S4P 0J5

Toll Free: 1-800-667-7551  
(Canada and US)  
Phone: 306-787-3251  
Fax: 306-787-8951  
Email: [change@ehealthsask.ca](mailto:change@ehealthsask.ca)

Phone service: 8 a.m. to 5 p.m.  
Walk-in service: 9 a.m. - 4 p.m.  
Monday to Friday  
[Excluding Statutory Holidays](#)

## What is a Saskatchewan Health Card?

A Saskatchewan Health Card, also referred to as provincial health card, allows holder to access universal health benefits. Please refer to eHealth website for detailed information on these benefits: [Health Benefits Coverage](#) | [Prescription Drug Plans and Health Coverage](#) | [Government of Saskatchewan](#)

**Once an international student resides in Saskatchewan and is enrolled full-time, they are eligible to apply for a Saskatchewan Health Card. Students must register themselves, including their accompanying spouse/partner and dependents (if applicable).**

Note:

Enrolled refers to students whose program already started and already attending.

Accepted refers to students admitted to a program but are **expected to be enrolled** in future intake.

**An accepted student whose program has not started is not eligible to apply for Saskatchewan Health Card.** It is strongly recommended that students arrange an insurance that will cover for the time in Canada until covered by SK health card.

Eligible students moving to Saskatchewan may have SK health coverage beginning on the first day of the third month following the date they established residency in Saskatchewan.

## How to Apply

### Prepare Supporting Documentation

Student must provide one (1) document for each criteria – two (2) set of documents in total (front and back if applicable):

*For complete list of acceptable supporting documents, please refer to the following website [Supporting Documentation Required to Accompany Your Health Card Application.pdf \(ehealthsask.ca\)](#)*

*Legal entitlement to be in Canada*

- Study Permit with Enrolment Verification

*Saskatchewan residency*

- Signed rental, or lease agreement
- Utility Bill (home telephone, cable TV, satellite TV, water, gas, or energy)  
– **cell phone bills are not accepted**

**Cont.**

- Saskatchewan driver's license
- Saskatchewan Motor Vehicle Registration
- Employer record (pay stub or letter from employer on company letterhead)
- School, college, or university report card or transcript

## **Enrolment Verification Ordering**

Order via your mySaskPolytech account; it posts the same day!

**\*\*Ensure your permanent address is up to date (i.e. reflects your Canadian address) prior to ordering\*\***

Update your address through the Enrolment Services card on your MySaskPolytech  
Click on 'Update address and personal information'

To Order:

- Log in to your [mySaskPolytech](#) Account
- Navigate to the **Enrolment Services** card on the Students page
- Click on **Enrolment Verification**
- **Select term**; if you are registered in more than one term, submit a separate request for each term
- **Select your address** from the dropdown menu, then click **continue**; delivery method of Digital is the only choice; click continue
- Click on **submit request**

**Within the same business day, your enrolment verification will be posted to your myElectronicLetters in the Enrolment Services card on your Students page.**

## Register Online

Please register online by visiting eHealth Saskatchewan website

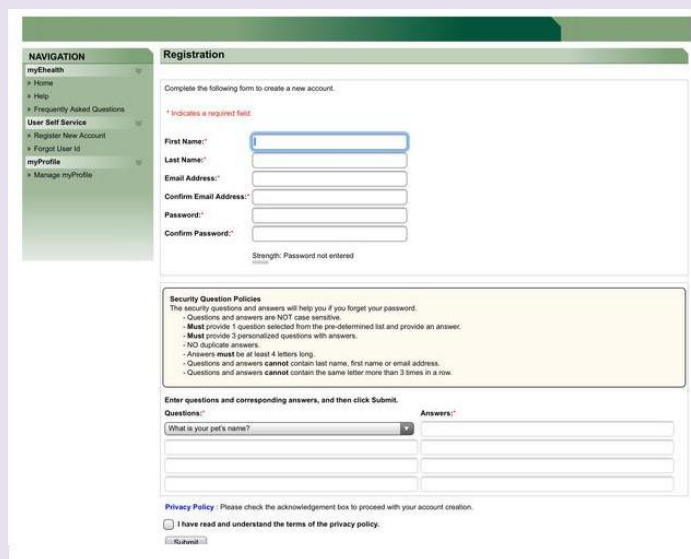
<https://www.ehealthsask.ca/residents/health-cards/Pages/Apply-for-a-Health-Card.aspx>.

(Alternative Paper application form is also available [here](#).)

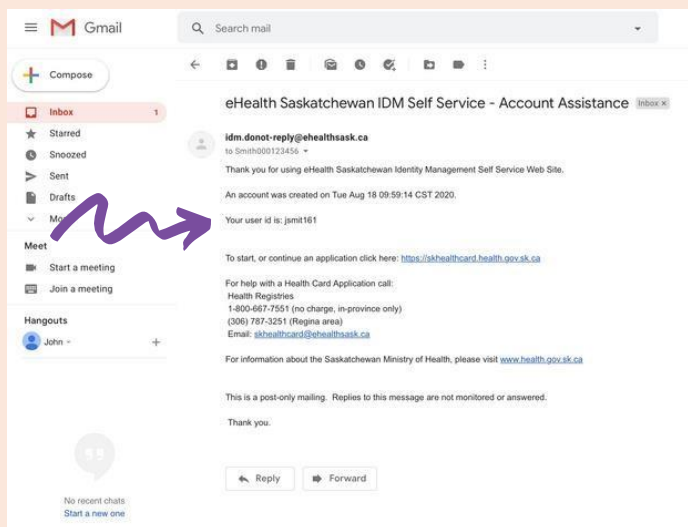
### 1. Click "Create an Account"



### 2. Enter your name, valid email address and create a password. Please read and check terms of privacy policy. Then click "Submit".

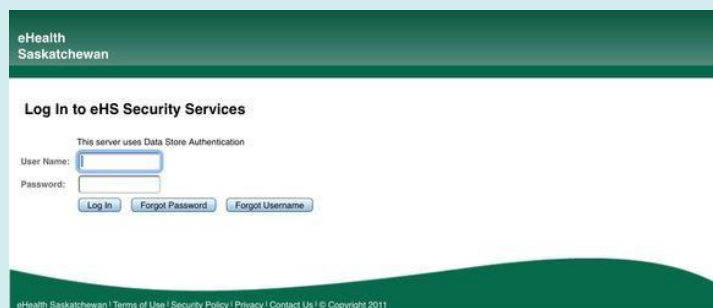


### 3. You will receive your user ID thru the email you provided.



### 4. Log in using the user ID provided and the password you created

<https://skhealthcard.health.gov.sk.ca/>



## 5. Click “Next” under New or Returning Saskatchewan Resident

Government of Saskatchewan eHealth Saskatchewan Welcome John Smith

Saskatchewan Health Services Card Edit My Account Sign Out

**New or Returning Saskatchewan Resident?**

Apply for Saskatchewan Health Services Card

If you or any member of your family are new residents or returning residents to Saskatchewan you must complete an application for yourself, spouse/partner and dependants.

- Start your application
- Continue your application
- Add documents to your application

View Application Status

- View your application status
- Print your application

**Next >**

**Have a Saskatchewan Health Services Card?**

Request Changes

You and your family must be Saskatchewan residents with Saskatchewan health services cards. Your change request will not be processed if we are unable to identify you or your family members in our records.

**Instructions**

New Saskatchewan residents are people who have relocated to Saskatchewan from another Canadian province/territory, from outside Canada, such as foreign nationals, international students and returning Canadians.

**Submit a Change Request**

If you and your family are Saskatchewan residents who have Saskatchewan health services cards and want to

## 6. Click “Start New Application”

Government of Saskatchewan eHealth Saskatchewan Welcome John Smith

Apply for Saskatchewan Health Services Card Help Contact Us Edit My Account Sign Out

**Required Documentation**

To submit an online application you **must** attach electronic copies of your documents. Copies of documents submitted by any other method will not be accepted or processed. For information on how to create and submit electronic copies click [here](#).

**Before you begin...** obtain and have supporting documents available:

Each **adult** must provide documents proving:

- Legal Entitlement to be in Canada
- Saskatchewan Residency
- Support of Identity

Each **dependant** must provide documents proving:

- Legal Entitlement to be in Canada
- Support of Identity

To efficiently process your application, attach these documents before submitting your application.

**Start New Application** Show Acceptable Document List

## 7. Please provide your family information and the country/province you are relocating from

Government of Saskatchewan eHealth Saskatchewan Welcome John Smith

Apply for Saskatchewan Health Services Card Help Contact Us Sign Out

**Family Details**

1. Do you have a spouse/partner? Yes No

2. How many dependants under 18 reside with you? 0

3. Did all members of your family arrive the same date? Yes No

4. What country are you relocating from? Philippines

Progress Home Save Next >

## 8. Please answer all required field marked with (\*). At least one phone number is required. Your SK Health Card will be mailed to the address provided. Ensure to provide your Canadian Address. Click “Next”.

**Contact Information**

\* At least one phone number is required.

My Home Phone is: (306) - 659 - 0000

My Cell Phone is: - - - - -

My Work Phone is: - - - - -

My Email is: - - - - -

**Address Details**

\* My Current Mailing Address is: 400 Saskatchewan St.

\* My City/Town is: Moose Jaw \* My Province is: Saskatchewan \* My postal code is: S6H 4R4

\* My current residence is same as above: Yes No

**Application Details**

\* I am a: Canadian Citizen Permanent Resident or I have a: Work Permit Study Permit Other

\* I am applying because I am: a new Saskatchewan resident a returning Saskatchewan resident Royal Canadian Armed Forces or Federal Institution

\* I established residence in Saskatchewan on: 2020-08-17

\* I have relocated from this country: Philippines

\* I arrived in Canada on: 2020-08-17

\* My graduation date is: 2022-04-30

\* I am committed to being physically present in Saskatchewan for duration of the permit? Yes No

**Instructions**

If you have a PO Box or Rural Route as your mailing address, you must provide a residence address or land location.

**Format**

Enter date in YYYY-MM-DD format Example: 2012-01-31

Progress Home Save Next >

## 9. Attach all two set of documents as PDF or JPEG.

- Legal entitlement to be in Canada
- Saskatchewan residency

Then, certify that all information provided is correct. Lastly, click “Submit My Application”.

Apply for Saskatchewan Health Services Card Help Contact Us Sign Out

**Applicant(s) Details**

Instructions

Please review this summary of your application and attach supporting documentation for each person. For details of the required documentation click [here](#). Need help with your documents, click [here](#).

Full Name	Birth Date	Citizenship/Permit	Residence Date	Documents	Attach Document(s)
JOHN SMITH	Jan 1, 1996	Study Permit	Aug 17, 2020	25678B94-4BA5-4B87-9036-D17D4490184F.jpeg ECB74FFC-176C-4C35-B0BB-697068AA97FC.jpeg 3082E31B-C2E2-4E03-BA8F-E759AD2A2F5D.jpeg	Attach

**Declaration**

I, JOHN SMITH hereby certify that the information provided on this application is correct. I understand that the information I have supplied on this application may be used for administering other Saskatchewan government programs. I understand that it is an offense to willfully give false information.

\* I, JOHN SMITH, DO CERTIFY TO THE ABOVE

Progress Home Back Submit My Application

## Check processing here:

<https://www.ehealthsask.ca/residents/Pages/waittimes.aspx>

Note: Student will be responsible to ensure they have insurance coverage during the gap. We highly recommend carrying a medical insurance from the time of travel to Canada until covered thru SK health card.

# SK Health Card Coverage

## **The following health services are fully covered by Saskatchewan Health:**

All medically necessary services provided by physicians (inpatient/outpatient):

- Includes family doctors and specialists
- Walk in clinics
- Emergency room visits
- Hospitalization (as recommended by physician)
- Maternity care
- Some immunization services.
- Mental health services via the Saskatchewan Health Authority.

## **There is no coverage for the following:**

- Prescription drugs
- Routine dental services such as cleanings, scalings, fillings, etc.
- Ground ambulance transportation
- Air ambulance
- Eye glasses, lensesMedical appliances
- Most paramedical services such as psychologists, naturopaths, acupuncturists, registered massage therapists, etc.

Please refer to the following website to learn about the benefits:

<https://www.ehealthsask.ca/services/resources/Resources/IFYB-2016.pdf#search=Health%20Card%20coverage>

# Extending your Coverage

The expiry of your SK health card generally coincides with the expiry date of your temporary resident status (study/work permit). Remember to extend your coverage every time you apply for study permit extension or post-grad work permit (PGWP).

## ***When to apply for the implied coverage***

You are expected to apply for study permit extension or post-grad work permit, while you hold a valid study permit.

**To maintain your SK Health Card coverage with a one-time implied status for six (6) months, you must apply within 30 days before your coverage expires.**

Your application may not be accepted if applying too early (more than 30 days before expiry) or too late (after the expiry date of SK health card).

## ***Students Extending Study Permit***

Check out the eHealth tutorial in the following link: [How to submit updated immigration documents](#)".

International students may apply online for a one-time six (6) months implied coverage:

- Visit <https://www.ehealthsask.ca/residents/health-cards>
- Click on **Update or Replace a Health Card**
- Click on **Order online**
- Students will need to create an account or log in to their existing account.
- Click on **Next** under "Request Changes"
- Click on **Start New Change Request**
- Select **Submit an Updated Immigration Document**
- Next, fill out the online application form.
- The following documents must be uploaded:
  - A completed study permit extension with proof of submission to IRCC
  - A proof of payment for the study permit extension

**After the student receives the original study permit extension from IRCC, they must follow the above steps (Update or Replace a Health Card) to extend the coverage to the same duration as the study permit.**

In this case, the following document must be uploaded:

- Original study permit extension

## ***Graduating Students***

See section on [When to apply for the implied coverage](#)

Check out the eHealth tutorial in the following link: [How to submit updated immigration documents](#)".

International students may apply online for a one-time six (6) months implied coverage:

- Visit <https://www.ehealthsask.ca/residents/health-cards>
- Click on **Update or Replace a Health Card**
- Click on **Order online**
- Students will need to create an account or log in to their existing account.
- Click on **Next** under "Request Changes"
- Click on **Start New Change Request**
- Select **Submit an Updated Immigration Document**
- Next, fill out the online application form
- The following documents must be uploaded:
  - A completed PGWP application with proof of submission to IRCC
  - A proof of payment for the PGWP

**After the student receives the original work permit from IRCC, they must follow the above steps (Update or Replace a Health Card) to extend the coverage to the same duration as the work permit.**

In this case, the following document must be uploaded:

- Original work permit

## ***Other way to extend***

Print and complete [Updated Immigration documents](#) (PDF) form.

Submit completed form with a copy of required documents

Mail to:

**eHealth Saskatchewan**

Health Registries

2130 – 11th Avenue

Regina, SK S4P 0J5

# FAQs

**Q: If my student study permits is about to expire, how will this affect my Saskatchewan Health Card coverage?**

**A:** International students automatically lose their Health Card coverage when their study permit expires.

**Q: What if International Students do not have Health Cards? How will this affect their ability to access medical attention?**

**A:** Students will have to pay for any medical expenses or maintain medical insurance coverage.

**Q: If international students do not have Health Cards, will they receive Health Card coverage immediately upon application?**

**A:** No. Health Card coverage is only available once students receive their Health Cards. Application is not a guarantee of coverage.

**Q: If international students pay for medical expenses prior to receiving their Saskatchewan Health Cards, can they be reimbursed for those medical expenses after receiving their Health Cards?**

**A:** International students that have applied for a Saskatchewan Health Card but have not received it will have to pay for any medical expenses they incur. Students may keep all receipts and submit them to eHealth after receiving their Saskatchewan Health Card; however, there is no guarantee that their expenses will be reimbursed. If the student is facing a life-threatening medical emergency, they can contact eHealth and request to have their application brought to the front of the line for review.

**Q: What coverage is provided to international students with a Saskatchewan Health Card?**

**A:** The same coverage as Saskatchewan domestic residents. Please refer to the following website for details about domestic universal health benefits:

[Health Benefits Coverage | Prescription Drug Plans and Health Coverage | Government of Saskatchewan](#)

**Q: Are there coverage limitations for international students with a Saskatchewan Health Card?**

**A:** Limitations are the same as for Saskatchewan domestic residents. Please refer to the following website for details about domestic universal health benefits: [Health Benefits Coverage | Prescription Drug Plans and Health Coverage | Government of Saskatchewan](#)

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Fax: 306-787-8951  
Email: [change@ehealthsask.ca](mailto:change@ehealthsask.ca)

Phone service: 8 a.m. to 5 p.m.  
Walk-in service: 9 a.m. - 4 p.m.  
Monday to Friday  
[Excluding Statutory Holidays](#)

## Medical Services Branch

Contact Information: 306-787-3475 Option #4

Claims for reimbursements can be forwarded to the following address:

Medical Services Branch  
3475 Albert Street  
Regina, SK S4S 6X6

When submitting receipts for reimbursement, the original receipt(s) should be submitted. Keep a copy of all receipts for your own records. Additionally, the following information should be included when you submit a request:

- Saskatchewan Health Card Number or a photocopy of the actual health card
- The name of the doctor
- All services rendered for each receipt being submitted (an itemized statement)
- The reason for the doctor visit as indicated on the receipt or invoice

## Reference:

eHealthsask. (n.d.). Prescription Drug Plans and Health Coverage. Retrieved 18 August 2023, from <https://www.saskatchewan.ca/residents/health/prescription-drug-plans-and-health-coverage>

eHealthsask. (n.d.). Supporting Documentation Required to Accompany Your Health Card Application – eHealthsask.ca. Retrieved 11 November 2021, from <https://www.ehealthsask.ca/residents/Documents/Supporting%20Documentation%20Required%20to%20Accompany%20Your%20Health%20Card%20Application.pdf>

eHealthsask. (April 2020). *Post-Secondary International Students, Faculty and Staff COVID-19 Q&As*. Retrieved 23 Sep 2020

Updated: October 2024