



Practical Nursing Diploma

PLAR Candidate Guide

Prior Learning Assessment and Recognition (PLAR)

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Prior learning credit options at Saskatchewan Polytechnic

See [Get Credit for What you Know](#) for important information about all options to get credit for prior learning at Sask Polytech, including PLAR, transfer credit, Canadian Armed Forces credit, and equivalency credit.

How to navigate this document

This document contains links to other document sections or webpages. To return to where you were from another section in this document, press the *ALT* key and *left arrow* key at the same time. To return to this webpage from another webpage, close the other webpage or click back on the browser tab for this document.

Contents of this guide

This guide contains the following specific PLAR information and tools for this program.

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- B. [PLAR eligibility and options](#)
- C. [Dates when PLAR assessment is available](#)
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A. PLAR fees

Fees for PLAR challenges are set to cover our costs for consultation, assessment, and related administrative tasks. PLAR fees are non-refundable and non-transferrable.

The PLAR fees policy is subject to change for each new academic year. Please see the **Cost** section on the [PLAR webpage](#) for current fee information.

B. PLAR eligibility and options

To be eligible for PLAR for courses in this program, you must first apply for admission and be accepted into the program. You must also consult with the [PLAR contact person](#) and be approved for PLAR assessment.

Course prerequisites and corequisites

Some courses have one or more other courses that must be completed first (prerequisite) or at the same time (corequisite). See [course outlines](#) in this guide to identify any pre- or co-requisites for each course. Discuss with your [PLAR contact person](#) how to deal with courses with corequisites.

Block assessment

Some programs may assess a cluster of courses together in one block, which may save you time and effort. Ask the [PLAR contact person](#) whether there are any block assessment options in this program.

C. Dates when PLAR assessment is available

PLAR assessment for this program is available based on course delivery dates during the academic year.

PLAR Application Deadlines:

Fall Semester Courses: May 1

Winter Semester Courses: October 15

Spring Semester Courses: March 15

Note: Students who are on the waitlist for this program can apply for PLAR up to two weeks prior to the program start date.

D. Special directions for this program

1. **Review** the [PLAR process and FAQs](#) and the information in this guide.
2. **Self-rate** your learning for each course using the [Course Outlines](#) in this guide.
3. **Consult** with the [PLAR contact person](#) for PLAR approval. Be prepared to provide your resume, course self-ratings (see [section F](#)), and a partially completed [PLAR application](#). If you are approved for PLAR, the contact person will sign your PLAR application and explain next steps.
4. Apply for admission to the program. See [directions](#) for applying.

5. **Register** for PLAR at [Registration/Enrolment Services](#) once you have signed approval on your [PLAR Application Form](#). The PLAR fee will be added to your student account.
6. **Finalize** an assessment plan with your assigned assessor.
7. **Complete** assessment before your PLAR registration expires.

E. PLAR contact person

Contact the Practical Nursing Program to arrange a consultation **after** you have read this guide and [general PLAR information](#) and rated yourself for each course that you wish to PLAR (see next section). Consultation may be by phone, online, or in person. Be prepared to provide your resume, course self-ratings, and a partially completed [PLAR application](#). If agreement is reached to go ahead with PLAR, the contact person will sign approval on your PLAR application and explain the next steps. Admission to the program is required before you can register for PLAR.

PN PLAR Consultant
 Practical Nursing Program
 Saskatchewan Polytechnic
 Email: PracticalNursingPLAR@saskpolytech.ca

F. Self-rating course outlines

Clicking on a course code below opens a page where you can rate yourself on the knowledge and skills assessed for PLAR credit. For Arts & Sciences courses, clicking on the course code opens another PLAR guide. The [PLAR contact person](#) for this program will refer you to another person to discuss PLAR for courses delivered by Arts & Sciences or another program/department.

COURSE CODE	COURSE NAME	Delivered by another department/program
Year 1 – Semester 1		
BIOL 102	Anatomy and Physiology 1	Arts & Sciences
CLIN 103	Health Assessment and Praxis 1	
NURS 163	Professional Practice and Communication 1	
NURS 171	Foundations 1 – Foundations of Health	
NURS 172	Variations in Health 1	
PHAR 101	Pharmacology 1	
Year 1 – Semester 2		

COURSE CODE	COURSE NAME	Delivered by another department/program
BIOL 103	Anatomy and Physiology 2	Arts & Sciences
CLIN 104	Health Assessment and Praxis 2	
NURS 176	Foundations 2 – Mental Health	
NURS 240	Professional Practice and Communications 2	
NURS 293	Variations in Health 2	
PHAR 102	Pharmacology 2	
Year 1 – Semester 3		
CLIN 105	Integrated Clinical Practice 1	
SOCI 160	Foundations of Sociology	Arts & Sciences
Year 2 – Semester 4		
CLIN 240	Health Assessment and Praxis 3	
NRSG 257	Professional Practice and Communication 3	
NRSG 258	Addictions	
NURS 294	Variations in Health 3	
SOCI 201	Culture and Diversity in Health Sciences	Arts & Sciences
Year 2 – Semester 5		
CLIN 241	Health Assessment and Praxis 4	
NRSG 298	Foundations 4 – Community Health	
NRSG 299	Variations in Health 4	
NURS 292	Foundations 3 – Material Child Health	
PHAR 215	Pharmacology 3	
Year 2 – Semester 6		
CLIN 242	Integrated Clinical Practice 2	

BIOL 102 - Anatomy and Physiology 1

In the first of a two-course sequence, you will explore the human body focusing on the interaction between structure and function and the regulation of physiological functions involved in maintaining homeostasis. You will learn how the levels of organization of the body and the components of cells, tissues and organs impact form and function. You will examine the following body systems: integumentary, skeletal, muscular, nervous, and special senses.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Examine the main concepts and terminology of anatomy and physiology.			
2.	Examine how basic concepts in chemistry and cell biology impact homeostasis.			
3.	Describe the structures and functions of the four major tissue types.			
4.	Describe the structures and functions of the integumentary system.			
5.	Examine bone tissue, the structures and functions of the skeletal system and articulations.			
6.	Describe skeletal muscle and the structures and functions of the skeletal muscle system.			
7.	Describe the structures and functions of nervous tissue.			
8.	Examine the structures and functions of the central nervous system.			
9.	Examine the structures and functions of the peripheral nervous system.			
10.	Describe the structures and functions of the general and special senses.			

CLIN 103 - Health Assessment and Praxis 1

You will demonstrate, at an introductory level, the assessments and skills associated with the care of adult and geriatric patients. Your experiential learning will provide opportunities to practice your skills and abilities for patients in long term care environments. You will apply the nursing process and principles of patient teaching and practice documentation.

Credit unit(s): 10.0
Prerequisites: PHAR 101
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Describe health assessment of the adult and geriatric patient.			
2.	Apply the nursing process.			
3.	Practice basic skills in documenting and reporting.			
4.	Apply the principles of teaching and learning.			
5.	Practice assessments and skills related to infection prevention and control.			
6.	Practice assessments and skills related to personal care and comfort needs.			
7.	Practice assessments and skills related to positioning and mobility needs.			
8.	Practice assessments and skills related to nutritional needs.			
9.	Practice assessments and skills related to elimination needs.			
10.	Practice assessments and skills related to vital signs.			
11.	Apply the nursing process to the geriatric patient in a variety of contexts.			

NURS 163 - Professional Practice and Communication 1

You will explore the concept of self in relation to others. You will illustrate the role of caring in the practice of nursing and begin to develop reflective practice and critical thinking skills. You will demonstrate principles of verbal and non-verbal professional communication and explore the professional image of nursing.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Describe concepts of communication.			
2.	Explore basic concepts of critical thinking.			
3.	Apply principles of reflective practice.			
4.	Explore the concept of self.			
5.	Apply interpersonal communication skills.			
6.	Describe caring concepts in interactions with others.			
7.	Examine stress and adaptation.			
8.	Explore the professional image of nursing.			

NURS 171 - Foundations 1 – Foundations of Health

You will discuss the metaparadigm of nursing in the context of nursing theories and philosophies. You will describe health determinants, primary health care and health care delivery in Canada. You will discuss law and ethics as they pertain to the nursing profession. You will describe critical thinking and apply key elements of patient safety. You will describe the concepts of culture and ethnicity with a focus on Indigenous and other predominant cultures in Saskatchewan.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Discuss metaparadigm of nursing.			
2.	Describe the meaning of holistic health for self and others.			
3.	Describe the determinants of health.			
4.	Describe the concepts of primary health care.			
5.	Explain the delivery of health services in Canada.			
6.	Describe health care law in Canada.			
7.	Describe health care ethics and standards in Canada.			
8.	Describe diverse health care practices.			
9.	Describe the concepts of culture and ethnicity.			
10.	Discuss First Nations, Inuit, and Metis cultures in Saskatchewan.			
11.	Apply key elements of patient safety.			

NURS 172 - Variations in Health 1

You will begin to apply critical thinking skills, explaining the physiological and psychological health changes of the ageing adult. With guidance, you will apply the nursing process and describe evidence informed practice related to the ageing adult patient. You will describe specific health variations using a systems approach and recognize health promotion strategies in gerontological care.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Explain the expected physical and mental health changes in the ageing process.			
2.	Describe mental health conditions affecting the geriatric population.			
3.	Explain the immune system responses to pathogenic organisms.			
4.	Demonstrate knowledge related to variations in health of the integumentary system.			
5.	Demonstrate knowledge related to variations in health of the cardiovascular system.			
6.	Demonstrate knowledge related to variations in health of the respiratory system.			
7.	Demonstrate knowledge related to variations in health of the endocrine system.			
8.	Demonstrate knowledge related to variations in health of the urinary and reproductive systems.			
9.	Demonstrate knowledge related to variations in health of the gastrointestinal system.			
10.	. Demonstrate knowledge related to variations in health of the musculoskeletal system.			
11.	Demonstrate knowledge related to variations in health of the neurological system.			

PHAR 101 - Pharmacology 1

You will identify Canadian medication systems, medication classifications and names. You will identify the principles and nursing responsibilities for competent medication calculation and administration. You will demonstrate evidenced informed care and knowledge of medication actions, differentiating medication actions and effects in the body, and examining strategies for safe administration. Your theoretical learning will focus on vitamins, complementary medications, antihistamines, and drugs affecting the gastrointestinal system.

Credit unit(s): 3.0
Prerequisites: CLIN 103
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Identify factors related to the safe use of medications and patient safety.			
2.	Identify medication classifications and names.			
3.	Demonstrate how to gather reliable medication information.			
4.	Explain nursing responsibilities for preparation and administration of medications.			
5.	Examine strategies for safe administration of medications.			
6.	Differentiate factors that influence medication actions and effects in the body.			
7.	Demonstrate competency in the calculation of medication dosages.			
8.	Demonstrate the administration of medications affecting the gastrointestinal system.			
9.	Demonstrate the Administration of Percutaneous Medications			
10.	Describe antihistamine medications.			
11.	Describe natural health products.			

BIOL 103 - Anatomy and Physiology 2

In the second of a two-course sequence, you will continue to explore the human body focusing on the interaction between structure and function and the regulation of physiological functions involved in maintaining homeostasis. You will examine how the levels of organization of the body and the components of cells, tissues and organs impact the form and function for the following body systems: endocrine, blood, cardiovascular, lymphatic, respiratory, digestive, urinary, fluid, electrolyte, and acid-base balance and reproductive.

Credit unit(s): 3.0
Prerequisites: BIOL 102
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Describe the structures and functions of the endocrine system.			
2.	Examine the structures and functions of blood.			
3.	Examine the structures and functions of the cardiovascular system.			
4.	Examine the structures and functions of the lymphatic system and immunity.			
5.	Examine the structures and functions of the respiratory system.			
6.	Describe the structures and functions of the digestive system.			
7.	Examine the structures and functions of the urinary system, and how they impact fluid, electrolyte, and acid-base balance.			
8.	Describe the structures and functions of the reproductive system.			

CLIN 104 - Health Assessment and Praxis 2

You will practice assessments and skills associated with rehabilitative and supportive care. Your experiential learning will provide opportunities for assessment and care of adults with chronic health challenges. You will demonstrate the concepts of patient safety, critical thinking, and evidence informed practice in the delivery of patient care and teaching.

Credit unit(s): 9.0
Prerequisites: BIOL 102, CLIN 103, NURS 163, NURS 171, NURS 172, PHAR 101
Corequisites: PHAR 102
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Practice health assessment techniques.			
2.	Practice assessments and skills related to the integumentary system.			
3.	Practice assessments and skills related to the neurological system.			
4.	Practice assessments and skills related to the head, neck, eyes, ears, nose, mouth, and throat.			
5.	Practice assessments and skills related to the breast and regional lymphatics.			
6.	Practice assessments and skills related to the respiratory system.			
7.	Practice assessments and skills related to the cardiac system.			
8.	Practice assessments and skills related to the peripheral vascular system and lymphatic system.			
9.	Practice assessments and skills related to the gastrointestinal system.			
10.	Practice assessments and skills related to the genitourinary system.			
11.	Demonstrate competency in health assessment of a patient in the clinical setting.			

NURS 176 - Foundations 2 - Mental Health

You will describe mental health concepts, legal and ethical considerations, and social stigmas related to mental health disorders. You will examine the role of nursing in relation to mental health and describe evidence informed nursing practice for patients and their families. You will promote mental health for patients and their families using the metaparadigm of nursing, demonstrating critical thinking and inquiry in your application of the nursing process. You will examine specific mental health disorders and examine strategies to promote safety in the context of mental health.

Credit unit(s): 3.0
Prerequisites: BIOL 102, CLIN 103, NURS 163, NURS 171, NURS 172, PHAR 101
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Describe concepts related to mental health and mental illness.			
2.	Explain roles and responsibilities of the practical nurse in caring for mental health patients and their families.			
3.	Examine elements of individual mental health disorders.			
4.	Examine suicidal and other self-harm behaviours.			
5.	Examine strategies to promote and maintain a safe environment in the context of mental health.			
6.	Apply the nursing process to mental health patients and their families.			
7.	Examine health promotion in the context of mental health and the mental health patient.			

NURS 240 - Professional Practice and Communication 2

You will examine therapeutic relationships with an emphasis on caring, advocacy, diversity, and managing ethical dilemmas. You will examine trends and issues in Canadian nursing practice and identify the scope of professional practice for the practical nurse.

Credit unit(s): 3.0
Prerequisites: BIOL 102, CLIN 103, NURS 163, NURS 171, NURS 172, PHAR 101
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Examine relationships with peers, patients, and groups.			
2.	Apply caring interpersonal skills for the therapeutic use of self in personal and professional relationships.			
3.	Demonstrate the professional approach to the management of ethical dilemmas.			
4.	Examine the role of diversity in nursing.			
5.	Examine patient and family advocacy.			
6.	Identify the scope of professional practice of the licensed practical nurse.			
7.	Describe trends and issues in nursing practice.			

NURS 293 - Variations in Health 2

You will examine variations in health and common chronic conditions diagnosed in the adult population. You will apply knowledge of anatomy and pathophysiology to explore health challenges affecting body systems. You will examine the diagnostic findings, nursing interventions and treatments associated with specific health challenges. With guidance, you will apply the nursing process, promote safety, and apply critical thinking and evidence informed practice to deliver holistic nursing care.

Credit unit(s): 3.0
Prerequisites: BIOL 102, CLIN 103, NURS 163, NURS 171, NURS 172, PHAR 11
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Examine holistic nursing care related to a diagnosis of cancer.			
2.	Examine variations in health of the neurological system.			
3.	Examine variations in health of the cardiovascular system.			
4.	Examine variations in health of the respiratory system.			
5.	Examine variations in health of the gastrointestinal system.			
6.	Examine nursing concepts related to the rehabilitation process.			
7.	Examine variations in health of the metabolic and endocrine systems.			
8.	Examine nursing concepts related to palliative and hospice care.			

PHAR 102 - Pharmacology 2

You will demonstrate skills and abilities required for medication administration to pediatric and adult populations. You will prepare and administer medications through enteral, percutaneous, and parenteral routes. You will examine medication classifications for the cardiovascular, endocrine, immune, and central nervous and autonomic nervous systems, and demonstrate evidenced informed practice in applying principles of safe medication administration.

Credit unit(s): 4.0
Prerequisites: BIOL 102, CLIN 103, NURS 163, NURS 171, NURS 172, PHAR 101
Corequisites: CLIN 104
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Demonstrate competency in the calculation of medication dosages.			
2.	Demonstrate the administration of enteral medications.			
3.	Demonstrate the administration of inhaled medications.			
4.	Demonstrate principles of parenteral medication administration.			
5.	Examine medication classifications affecting the cardiovascular system.			
6.	Examine medication classifications affecting the immune system.			
7.	Examine medication classifications affecting the endocrine system.			
8.	Demonstrate the administration of subcutaneous medications.			
9.	Examine medication classifications affecting the autonomic nervous system.			
10.	Examine medication classifications affecting the central nervous system.			
11.	Demonstrate the administration of intramuscular medications.			

CLIN 105 - Integrated Clinical Practice 1

You will apply your knowledge and skills related to holistic nursing care of patients. Your experiential learning will focus on rehabilitative and supportive care for patients experiencing a variety of health challenges. With faculty guidance, you will demonstrate the principles of health teaching and perform complete and focused health assessments. You will demonstrate professional behaviour and practice collaborative relationships with patients and the interprofessional team to deliver safe, competent, and ethical patient care.

Credit unit(s): 8.0
Prerequisites: BIOL 103, CLIN 104, NURS 176, NURS 240, NURS 293, PHAR 102
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Demonstrate collaborative relationships with patients and interprofessional team members.			
2.	Implement appropriate nursing care in a safe, organized, and caring manner.			
3.	Apply critical thinking skills and inquiry for clinical decision-making.			
4.	Demonstrate the principles of teaching and learning in the continuum of patient care.			
5.	Demonstrate reflective practice for personal and professional growth.			

SOCI 160 - Foundations of Sociology

Using your sociological imagination, you will examine how to practice sociology, and learn about the importance of culture, socialization, and the family. You will discuss social inequality in Canada, as well as explore the concepts of social control and deviance. Your studies will also include issues related to the power of mass media, the dualism of sex and gender, and race and ethnicity. You will have an opportunity to examine collective behavior, social movements, social change, and globalization.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Examine how to practice sociology.			
2.	Examine the importance of culture, socialization, and the family.			
3.	Examine social inequality in Canada, as well as the notions of social control and deviance.			
4.	Discuss mass media and the dualism of sex and gender.			
5.	Examine race and ethnicity.			
6.	Discuss collective behavior, social movements, social change, and globalization.			

CLIN 240 - Health Assessment and Praxis 3

You will apply knowledge and skills associated with curative and restorative care and perform focused health assessments. Your experiential learning will include organizing care for adult patients with acute health challenges in the context of medical and surgical environments. You will plan patient-centred care, prepare patient teaching, and apply concepts of patient safety and critical thinking supported by your use of evidence informed practice.

Credit unit(s): 13.0
Prerequisites: CLIN 105
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Perform assessments and skills related to pre-operative care.			
2.	Perform assessments and skills related to surgical wounds and drains.			
3.	Perform skills and assessments related to intravenous infusion therapy.			
4.	Perform assessments and skills related to transfusion therapy.			
5.	Perform assessments and skills related to nasogastric tube insertion and maintenance.			
6.	Perform assessments and skills related to post-operative care.			
7.	Demonstrate competency in the assessment of acute care patients in the clinical setting.			

NRSG 257 - Professional Practice and Communication 3

You will examine the professional roles, ethical responsibilities, and relationships of the practical nurse. You will explore nursing standards of practice, and concepts of professional development and reflective practice in the context of life-long learning. You will analyze conflict resolution in relation to personal and professional relationships, and examine nursing informatics and skills for professional employment.

Credit unit(s): 3.0
Prerequisites: CLIN 105
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Examine professional organizations.			
2.	Examine ethics related to nursing practice.			
3.	Explore the standards of practice for the profession of practical nursing.			
4.	Examine factors that affect interprofessional collaboration.			
5.	Analyze conflict resolution in relation to personal and professional relationships.			
6.	Explore fitness to practice and professional development.			
7.	Examine the role of nursing informatics in health care delivery.			
8.	Develop skills related to professional employment.			

NRSG 258 - Addictions

You will examine substance abuse and the physiological and psychological risks related to addiction. You will describe the processes of withdrawal and detoxification and examine the principles and application of the harm reduction model. You will examine addictions treatment models and describe the challenges of addictions treatment for patients with concurrent disorders. You will apply critical thinking and inquiry throughout the nursing process in addictions care.

Credit unit(s): 3.0
Prerequisites: CLIN 105, SOCI 160
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Examine substances of abuse and dependence.			
2.	Examine the psychosocial and physiological risks associated with addictions.			
3.	Examine the harm reduction model.			
4.	Describe assessment and screening tools.			
5.	Describe addiction withdrawal.			
6.	Examine detoxification.			
7.	Examine selected addictions treatment models and the nursing process.			
8.	Apply treatment techniques.			
9.	Describe concurrent disorders and treatment planning.			
10.	Examine process addictions.			

NURS 294 - Variations in Health 3

You will examine the concepts of holistic nursing care related to acute variations in health for the adult patient. You will interpret laboratory and diagnostic findings in the context of acute health challenges. You will interdependently use the nursing process to deliver competent care; applying concepts of safety, critical thinking, and evidence informed practice. You will compare specific surgical treatments and apply concepts related to preoperative, intraoperative, and postoperative nursing care.

Credit unit(s): 3.0
Prerequisites: CLIN 105
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome			
Competent:	I can apply this outcome without direction or supervision.	Competent	
Learning:	I am still learning skills and knowledge to apply this outcome.	Learning	
None:	I have no knowledge or experience related to this outcome.	None	
1. Explain the major concepts of acute illness.			
2. Compare concepts of preoperative and intraoperative nursing.			
3. Examine concepts of postoperative nursing.			
4. Examine variations in health of the musculoskeletal system.			
5. Examine variations in health of the reproductive system.			
6. Examine variations in health of the respiratory system.			
7. Examine variations in health of the gastrointestinal system.			
8. Examine variations in health of the urinary system.			
9. Examine variations in health of the neurological system.			
10. Examine variations in health of the hematological system.			

SOCI 201 - Culture and Diversity in Health Sciences

You will explore the cultural diversity of Canadian society. You will discuss immigration trends, cultural values, and the implications to the provision of health services. Cultural safety in healthcare and the role of the health care professional will be discussed in context.

Credit unit(s): 3.0
Prerequisites: SOCI 160
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1. Explain the sociological perspective.				
2. Discuss the cultural diversity of Canadian society and the need for reconciliation.				
3. Describe the Canadian health care system.				
4. Examine inequalities and health care.				
5. Discuss cultural safety in nursing.				
6. Analyze health practices using cultural safety.				

CLIN 241 - Health Assessment and Praxis 4

You will perform assessments and skills with increasing proficiency for adult patients requiring curative and restorative medical and surgical care. You will plan holistic nursing care supported by evidence informed practice and critical thinking. Your experiential learning will provide opportunities to demonstrate knowledge and skills related to maternal, newborn, and pediatric patients. You will examine medical emergencies and plan care with increased interdependence in collaboration with the health care team.

Credit unit(s): 15.0
Prerequisites: CLIN 240, NURS 294, NRSNG 257, NRSNG 258, SOCI 201
Corequisites: PHAR 215
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1. Perform skills related to intravenous initiation.				
2. Perform assessments and skills related to the use of central venous access devices.				
3. Perform assessments and skills related to chest drainage systems for the adult client.				
4. Describe specialty interventions for patients requiring complex nursing care.				
5. Examine the practical nurse role in the context of medical emergencies.				
6. Perform assessments and skills related to the postpartum and newborn patients.				
7. Perform assessments and skills related to the pediatric patient.				

NRSG 298 - Foundations 4 - Community Health

You will examine the role of the practical nurse in the context of patient care in the community with a focus on Indigenous health. You will examine the health promotion model and apply the determinants of health through experiential learning with community agencies. You will examine the leadership role of the practical nurse and prepare for the transition from the role of student to that of a graduate practitioner. You will examine interprofessional collaboration and apply critical thinking and inquiry in the context of community health nursing.

Credit unit(s): 3.0
Prerequisites: CLIN 240, NURS 294, NRSG 257, NRSG 258, SOCI 201
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Examine the role of the practical nurse in the context of caring for patients in the community.			
2.	Examine specific challenges related to caring for patients in the community.			
3.	Explore Indigenous health practices from a community perspective.			
4.	Examine the leadership role of the practical nurse within the context of the health care team.			
5.	Examine activities that advance patient safety.			
6.	Prepare for the transition from student practical nurse to graduate practical nurse.			

NRSG 299 - Variations in Health 4

You will examine the complex nursing care of patients with multi-system challenges and medical emergencies. You will plan ethical and competent holistic nursing care related to acute variations in health. You will apply concepts of safety critical thinking, and evidence informed practice in the delivery of patient care.

Credit unit(s): 2.0

Prerequisites: CLIN 240, NURS 294, NRSG 257, NRSG 258, SOCI 201

Corequisites: none

Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Examine holistic nursing care related to variations in health of the immune system.			
2.	Examine holistic nursing care for patients in the context of multi-system failure.			
3.	Plan holistic nursing care related to variations in health of the respiratory system.			
4.	Plan holistic nursing care related to variations in health of the cardiovascular system.			
5.	Plan holistic nursing care related to variations in health of the integumentary system.			

NURS 292 - Foundations 3 – Maternal Child Health

You will examine foundational assessments in the context of maternal, newborn, and pediatric patient populations. You will identify growth and development milestones from newborn to adolescence with a focus on family-centred care. You will apply critical thinking and inquiry to examine common medical, surgical, nutritional, and mental health issues common in childhood and adolescents. You will examine health promotion, teaching, and safety of these populations in a variety of contexts.

Credit unit(s): 3.0
Prerequisites: CLIN 240, NURS 294, NRSG 257, NRSG 258, SOCI 201
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Examine concepts of conception to birth.			
2.	Examine care of the newborn and newborn at risk.			
3.	Examine patterns of growth and development from infancy to adolescence.			
4.	Examine medical and surgical interventions for the pediatric population.			
5.	Examine family-centred care in the context of the hospital environment.			
6.	Examine family-centred care in relation to mental health in the pediatric population.			
7.	Examine challenges to learning for the pediatric population.			
8.	Examine safety in context of home and community of the pediatric population.			

PHAR 215 - Pharmacology 3

You will demonstrate skills and abilities required to safely prepare and administer medications through the intravenous route. You will interpret diagnostic tests and provide evidence informed patient care related to medication administration. You will recognize medications used in emergency patient care and examine traditional and alternative medications. You will identify the purpose and schedule for specific immunizations and plan patient teaching related to medication administration.

Credit unit(s): 2.0
Prerequisites: CLIN 240, NURS 294, NRSNG 257, NRSNG 258, SOCI 201
Corequisites: CLIN 241
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Demonstrate reconstitution of a powdered medication.			
2.	Demonstrate the administration of intravenous medications.			
3.	Interpret diagnostic tests in the context of medication administration.			
4.	Examine medications frequently used in emergency situations.			
5.	Identify the purpose and schedule for specific immunizations.			
6.	Examine the use of traditional and alternative medications.			
7.	Describe parenteral nutrition.			

CLIN 242 - Integrated Clinical Practice 2

You will plan safe, competent patient care working in partnership with a licensed practical nurse. You will manage patient care with increased interdependence and confidence, demonstrating enhanced organization, decision-making, and critical thinking abilities. You will examine the leadership role of the practical nurse in the context of the health care team. You will examine the value of reflective practice in relation to lifelong learning. You will establish collaborative relationships, using professional communication, and demonstrate respect for diversity and ethical practice.

Credit unit(s): 11.0
Prerequisites: CLIN 241, NURS 292, NRSB 298, NRSB 299, PHAR 215
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Establish collaborative relationships with patients and interprofessional team members.			
2.	Plan appropriate nursing care in a safe, organized, and caring manner.			
3.	Appraise critical thinking and inquiry skills in the delivery of ethical, competent patient care.			
4.	Manage teaching and learning along the continuum of patient care.			
5.	Examine the role transition from student to beginning practitioner.			
6.	Examine reflective practice in the context of professional growth.			
7.	Practice leadership in the role of the beginning practitioner.			