



Early Childhood Education

Certificate of Achievement

PLAR Candidate Guide

Prior Learning Assessment and Recognition (PLAR)

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Prior learning credit options at Saskatchewan Polytechnic

See [Get Credit for What you Know](#) for important information about all options to get credit for prior learning at Sask Polytech, including PLAR, transfer credit, Canadian Armed Forces credit, and equivalency credit.

How to navigate this document

This document contains links to other document sections or webpages. To return to where you were from another section in this document, press the *ALT* key and *left arrow* key at the same time. To return to this webpage from another webpage, close the other webpage or click back on the browser tab for this document.

Contents of this guide

This guide contains the following specific PLAR information and tools for this program

- A. [PLAR fees](#)
- B. [PLAR eligibility and options](#)
- C. [Dates when PLAR assessment is available](#)
- D. [Special directions for this program](#)
- E. [PLAR contact person](#)
- F. [Self-rating course outlines](#)

A. PLAR fees

Fees for PLAR challenges are set to cover our costs for consultation, assessment, and related administrative tasks. PLAR fees are non-refundable and non-transferrable.

The PLAR fees policy is subject to change for each new academic year. Please see the **Cost** section on the [PLAR webpage](#) for current fee information.

B. PLAR eligibility and options

To be eligible for PLAR you must consult with the [PLAR contact person](#) and be approved for PLAR assessment.

- Typically, PLAR candidates would have significant experience in a licensed early learning setting as a frontline educator or director/manager/supervisory role.
- Candidates must meet admission and pre-requisite requirements to PLAR a course.
- PLAR approval is at the discretion of the PLAR contact person.

C. Dates when PLAR assessment is available

PLAR assessment for this program is available from Sept 1 to June 15 in each academic year.

All PLAR assessments must be completed by June 15 of each academic year.

D. Special directions for this program

1. **Apply** for admission to the program. See [directions](#) for applying.
2. **Review** the [PLAR process and FAQs](#) and the information in this guide.
3. **Self-rate** your learning for each course using the [Course Outlines](#) in this guide.
4. **Consult** with the [PLAR contact person](#) for PLAR approval. Be prepared to provide your resume, course self-ratings (see [section F](#)), and a partially completed [PLAR application](#). If you are approved for PLAR, the contact person will sign your PLAR application and explain next steps.
5. **Register** for PLAR at [Registration/Enrolment Services](#) once you have signed approval on your [PLAR Application Form](#). The PLAR fee will be added to your student account.
6. **Finalize** an assessment plan with your assigned assessor.
7. **Complete** assessment before your PLAR registration expires.

E. PLAR contact person

Contact one of the Program Heads below to arrange a consultation **after** you have read this guide and [general PLAR information](#) and rated yourself for each course (see next section). Consultation may be by phone, online, or in person. Be prepared to provide your resume, course self-ratings, and a partially completed [PLAR application](#). If agreement is reached to go ahead with PLAR, the contact person will sign approval on your PLAR application and explain the next steps. Admission to the program is required before you can register for PLAR.

Lisa Fleming, Program Head
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F. Self-rating course outlines

Clicking on a course code below opens a page where you can rate yourself on the knowledge and skills assessed for PLAR credit. For Arts & Sciences courses, clicking on the course code opens another PLAR guide. The [PLAR contact person](#) for this program will refer you to another person to discuss PLAR for courses delivered by Arts & Sciences or another program/department.

COURSE CODE	COURSE NAME	Delivered by another department/program
ECE 106	Dynamics of Play 1	
ECE 142	Health, Safety, and Nutrition	
HUMD 183	Child Guidance 1	

ECE 106 - Dynamics of Play 1

You will learn about the essential value of play in the holistic development of children. Your studies will focus on the role of the early childhood educator in supporting the diverse nature of play as you apply the components of a play-based curriculum.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1. Explain the value of play.				
2. Discuss the diverse nature of play.				
3. Demonstrate traditional games.				
4. Describe the role of the early childhood educator in supporting play.				
5. Apply the components of a play-based curriculum.				

ECE 142 - Health, Safety, and Nutrition

Your studies will focus on the health, safety, and nutritional needs of children that support their holistic development. You will study the social determinants of health and conditions that promote nutrition and safety for children. You will apply strategies for educator wellness as you examine difficult concepts such as duty to report and the impact of trauma on children and families.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1.	Describe the social determinants of health.			
2.	Examine conditions that promote the holistic health of children.			
3.	Apply elements of nutrition to menu planning.			
4.	Examine conditions that promote safety for children.			
5.	Evaluate strategies for educator wellness.			
6.	Examine the role of the early childhood educator in addressing health, safety, and duty to report issues.			
7.	Examine the impact of trauma on children and families.			

HUMD 183 - Child Guidance 1

You will study the strategies of developmentally appropriate child guidance and the importance of building relationships and establishing trust prior to guiding behavior. You will practice and analyze techniques that support children while encouraging a cooperative attitude, a sense of autonomy, and a positive self-image.

Credit unit(s): 4.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

Use a checkmark (✓) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
Learning:	I am still learning skills and knowledge to apply this outcome.			
None:	I have no knowledge or experience related to this outcome.			
1. Identify child guidance principles.				
2. Examine meaningful relationships with children.				
3. Examine child guidance strategies.				
4. Demonstrate strategies for direct child guidance.				
5. Demonstrate strategies for indirect child guidance.				