



Community Paramedic Advanced Certificate

PLAR Candidate Guide

Prior Learning Assessment and Recognition (PLAR)

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Prior learning credit options at Saskatchewan Polytechnic

See [Get Credit for What you Know](#) for important information about all options to get credit for prior learning at Sask Polytech, including PLAR, transfer credit, Canadian Armed Forces credit, and equivalency credit.

How to navigate this document

This document contains links to other document sections or webpages. To return to where you were from another section in this document, press the *ALT* key and *left arrow* key at the same time. To return to this webpage from another webpage, close the other webpage or click back on the browser tab for this document.

Contents of this guide

This guide contains the following specific PLAR information and tools for this program

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A. PLAR fees

Fees for PLAR challenges are set to cover our costs for consultation, assessment, and related administrative tasks. PLAR fees are non-refundable and non-transferrable.

The PLAR fees policy is subject to change for each new academic year. Please see the **Cost** section on the [PLAR webpage](#) for current fee information.

B. PLAR eligibility and options

To be eligible for PLAR you must consult with the [PLAR contact person](#) and be approved for PLAR assessment.

Course prerequisites and corequisites

Some courses have one or more other courses that must be completed first (prerequisite) or at the same time (corequisite). See [course outlines](#) in this guide to identify any pre- or co-requisites for each course. Discuss with your [PLAR contact person](#) how to deal with courses with corequisites.

Block assessment

Some programs may assess a cluster of courses together in one block, which may save you time and effort. Ask the [PLAR contact person](#) whether there are any block assessment options in this program.

C. Dates when PLAR assessment is available

PLAR assessment for this program is available from Sept 1 to June 15 in each academic year.

All PLAR assessments must be completed by June 15 of each academic year.

D. Special directions for this program

1. **Review** the [PLAR process and FAQs](#) and the information in this guide.
2. **Self-rate** your learning for each course using the [Course Outlines](#) in this guide.
3. **Consult** with the [PLAR contact person](#) for PLAR approval. Be prepared to provide your resume, course self-ratings (see [section F](#)), and a partially completed [PLAR application](#). If you are approved for PLAR, the contact person will sign your PLAR application and explain next steps.
4. **Register** for PLAR at [Registration/Enrolment Services](#) once you have signed approval on your [PLAR Application Form](#). The PLAR fee will be added to your student account.
5. **Finalize** an assessment plan with your assigned assessor.
6. **Complete** assessment before your PLAR registration expires.

E. PLAR contact person

Contact one of the Program Heads below to arrange a consultation **after** you have read this guide and [general PLAR information](#) and rated yourself for each course (see next section). Consultation may be by phone, online, or in person. Be prepared to provide your resume, course self-ratings, and a partially completed [PLAR application](#). If agreement is reached to go ahead with PLAR, the contact person will sign approval on your PLAR application and explain the next steps. Admission to the program is required before you can register for PLAR.

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F. Self-rating course outlines

Clicking on a course code below opens a page where you can rate yourself on the knowledge and skills assessed for PLAR credit. For Arts & Sciences courses, clicking on the course code opens another PLAR guide. The [PLAR contact person](#) for this program will refer you to another person to discuss PLAR for courses delivered by Arts & Sciences or another program/department.

COURSE CODE	COURSE NAME	Delivered by another department/program
Semester 1		
GERI 100	Geriatric Care	
HLTH 100	Specialized Therapeutics	
HLTH 101	Chronic Disease Management	
HLTH 102	Community Paramedic Role and Prevention Strategies	
HLTH 103	Community Assessment	
MHA 100	Mental Health and Addictions	
PALL 100	Palliative Care	
Semester 2		
PRAC 113	Community Paramedic	

GERI 100 - Geriatric Care

You will focus on the principles of geriatric assessment and care. You will study dementia patient care, housing options available to geriatrics and the use of various assessment tools. You will participate in labs and online discussions designed to help you develop the skills required to provide care to a geriatric patient. Upon completion of this course you will receive a certificate of participation in Gentle Persuasive Approach.

Credit unit(s): 2.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	<p>Competent</p>	<p>Learning</p>	<p>None</p>
1. Explain the assessment of a geriatric patient.			
2. Demonstrate the use of assessment tools for geriatric patients.			
3. Explain care for a geriatric patient.			
4. Explain care for a dementia patient.			

HLTH 100 - Specialized Therapeutics

You will study advanced assessments and focus on the skills involved in community patient care. You will study the fundamentals of safe specimen collection and immunizations. You will participate in labs and online discussions that will help you to develop the skills necessary for assessing and providing care for patients specific to home health, wound care, phlebotomy, and immunizations. Upon completion of this course you will receive a statement of achievement in phlebotomy, spirometry and Transportation of Dangerous Goods.

Credit unit(s): 3.0
Prerequisites: GERI 100, HLTH 101, HLTH 102, HLTH 103, MHA 100, PALL 100
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Demonstrate advanced patient assessments.			
2. Perform safe specimen collection.			
3. Explain safe specimen handling and transport procedures.			
4. Perform advanced wound care.			
5. Demonstrate skills required for management of home health devices.			
6. Explain safe administration of immunization.			
7. Demonstrate the use of spirometry.			

HLTH 101 - Chronic Disease Management

You will study the pathophysiology of common disease processes. You will focus on the management of diabetes, chronic pain, cancer, and respiratory and cardiac disorders. You will also study culture and ethnicity and the care of special needs patients. You will participate in labs and online discussions designed to help develop the skills required to assess and assist a patient in their chronic disease management.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Describe the concepts of culture and ethnicity.			
2. Evaluate chronic disease management of diabetes.			
3. Evaluate chronic disease management of respiratory disorders.			
4. Evaluate chronic disease management of cardiac disorders.			
5. Evaluate chronic pain management.			
6. Evaluate cancer management.			
7. Evaluate management of special needs patients.			

HLTH 102 - Community Paramedic Role and Prevention Strategies

You will study the role of a community paramedic as both members of a health care team and in health promotion. You will focus on determinants of health, the concepts of primary health care and how health care services are delivered. You will also explore the different health related community resources and housing options available. You will participate in online discussions to help you to better understand the role of a community paramedic.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Explain determinants of health.			
2. Describe the concepts of primary health care.			
3. Describe the delivery of health care services.			
4. Explain community paramedic and their role as members of health care team.			
5. Discuss community resources related to health.			
6. Explain the role a community paramedic can play in health promotion.			
7. Evaluate different care and housing options available.			

HLTH 103 - Community Assessment

You will perform a community assessment by identifying community services available, health status, demographics and current gaps in health services. You will use your results to design a plan for implementation of a community paramedic.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Identify community services available in a community.			
2. Identify a community's demographics.			
3. Identify gaps in current health services in a community.			
4. Identify health status in a community.			
5. Perform a community assessment.			
6. Design a plan for implementation of a community paramedic.			

MHA 100 - Mental Health and Addictions

You will study mental health disorders, chemical dependency and how the effects of stigma can impact a patient. You will examine detoxification management and practice motivational interviewing. You will participate in labs and online discussions to help you develop the skills required to provide care to mental health or chemically dependent patients.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Examine chemically dependent patients.			
2. Explain detoxification management.			
3. Demonstrate the process of motivational interviewing.			
4. Examine the effects of stigma on patients with mental health concerns and substance use disorders.			
5. Evaluate care for a mental health patient.			

PALL 100 - Palliative Care

You will focus on the process of dying and the impact it has on a palliative patient's family. You will study palliative patient care and the strategies used to assist health care workers when providing care to a palliative patient. You will participate in labs and online discussions to help you develop the skills required to provide care to a palliative patient.

Credit unit(s): 2.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Explain the process of death.			
2. Discuss the impact of dying on the patient’s family members.			
3. Evaluate the care of a palliative patient.			
4. Describe strategies to assist health care workers caring for the terminally ill.			

PRAC 113 - Community Paramedic Practicum

You will participate in a clinical practicum placement with a preceptor. This placement will take place in a variety of community-based client care facilities. You will conduct assessments, develop plans, and care for patients in the community including palliative, mental health, substance abuse, home health, geriatric and dementia patients. You will practice effective communication and function as an effective team member while complying with relevant legislation. This practicum will allow you to apply all skills and knowledge gained in the previous Community Paramedic courses.

Credit unit(s): 14.0
Prerequisites: GERI 100, HLTH 100, HLTH 101, HLTH 102, HLTH 103, MHA 100, PALL 100
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Function as a professional.			
2. Comply with relevant provincial and federal legislation.			
3. Function effectively in a team environment.			
4. Practice effective oral, non-verbal, electronic, and written communication skills.			
5. Perform a complete assessment and history of a palliative patient.			
6. Provide care to a palliative patient.			
7. Perform chronic wound management.			
8. Perform care for home health devices.			
9. Perform a complete assessment and history of mental health patient.			
10. Provide care for a mental health patient.			
11. Perform a complete assessment and history of a geriatric patient.			
12. Provide care for a geriatric patient.			
13. Perform a complete assessment and history of a dementia patient.			
14. Provide care for a dementia patient.			
15. Perform a complete assessment and history of chronic disease patient.			
16. Provide care for a chronic disease patient.			

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
17. Provide education to a chronic disease patient.			
18. Perform a complete assessment and history of a substance abuse patient.			
19. Provide care for a substance abuse patient.			
20. Perform phlebotomy.			
21. Perform spirometry.			
22. Perform medication reconciliation.			