



Phlebotomy Applied Certificate

PLAR Candidate Guide

Prior Learning Assessment and Recognition (PLAR)

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Prior learning credit options at Saskatchewan Polytechnic

See [Get Credit for What you Know](#) for important information about all options to get credit for prior learning at Sask Polytech, including PLAR, transfer credit, Canadian Armed Forces credit, and equivalency credit.

How to navigate this document

This document contains links to other document sections or webpages. To return to where you were from another section in this document, press the *ALT* key and *left arrow* key at the same time. To return to this webpage from another webpage, close the other webpage or click back on the browser tab for this document.

Contents of this guide

This guide contains the following specific PLAR information and tools for this program

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A. PLAR fees

Fees for PLAR challenges are set to cover our costs for consultation, assessment, and related administrative tasks. PLAR fees are non-refundable and non-transferrable.

The PLAR fees policy is subject to change for each new academic year. Please see the **Cost** section on the [PLAR webpage](#) for current fee information.

B. PLAR eligibility and options

To be eligible for PLAR for courses in this program, you must first apply for admission and be accepted into the program. You must also consult with the [PLAR contact person](#) and be approved for PLAR assessment.

Course prerequisites and corequisites

Some courses have one or more other courses that must be completed first (prerequisite) or at the same time (corequisite). See [course outlines](#) in this guide to identify any pre- or co-requisites for each course. Discuss with your [PLAR contact person](#) how to deal with courses with corequisites.

Block assessment

Some programs may assess a cluster of courses together in one block, which may save you time and effort. Ask the [PLAR contact person](#) whether there are any block assessment options in this program.

C. Dates when PLAR assessment is available

PLAR assessment for this program is available from Sept 1 to June 15 in each academic year.

All PLAR assessments must be completed by June 15 of each academic year.

D. Special directions for this program

1. **Review** the [PLAR process and FAQs](#) and the information in this guide.
2. **Self-rate** your learning for each course using the [Course Outlines](#) in this guide.
3. **Consult** with the [PLAR contact person](#) for PLAR approval. Be prepared to provide your resume, course self-ratings (see [section F](#)), and a partially completed [PLAR application](#). If you are approved for PLAR, the contact person will sign your PLAR application and explain next steps.
4. Apply for admission to the program. See [directions](#) for applying.
5. **Register** for PLAR at [Registration/Enrolment Services](#) once you have signed approval on your [PLAR Application Form](#). The PLAR fee will be added to your student account.
6. **Finalize** an assessment plan with your assigned assessor.
7. **Complete** assessment before your PLAR registration expires.

E. PLAR contact person

Contact one of the Program Heads below to arrange a consultation **after** you have read this guide and [general PLAR information](#) and rated yourself for each course (see next section). Consultation may be by phone, online, or in person. Be prepared to provide your resume, course self-ratings, and a partially completed [PLAR application](#). If agreement is reached to go ahead with PLAR, the contact person will sign approval on your PLAR application and explain the next steps. Admission to the program is required before you can register for PLAR.

Robyn Mauza, Program Head

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F. Self-rating course outlines

Clicking on a course code below opens a page where you can rate yourself on the knowledge and skills assessed for PLAR credit. For Arts & Sciences courses, clicking on the course code opens another PLAR guide. The [PLAR contact person](#) for this program will refer you to another person to discuss PLAR for courses delivered by Arts & Sciences or another program/department.

COURSE CODE	COURSE NAME	Delivered by another department/program
INFC 180	Infection Control and Safety	
MTER 180	Medical Terminology	
ECRD 101	Basic Electrocardiography	
PSYC 104	Psychology of Health and Wellness Management	
SOCI 101	Cultural and Indigenous Awareness in Health Care	
PROC 185	Laboratory Specimen Procurement	
ETHC 101	Professionalism in Health Care	
CLIN 120	Clinical Specimen Procurement and Management	

CLIN 120 - Clinical Specimen Procurement and Management

You will participate in a supervised clinical experience. Upon successfully completing the experience, you will be able to perform specimen procurement, data entry, receive and distribute specimens, plus prepare specimens for analysis.

Credit unit(s): 5.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Demonstrate professional practice in accordance with national accepted standards.			
2. Manage specimen receipt and data entry.			
3. Prepare specimens for analysis.			
4. Manage specimen distribution.			
5. Perform phlebotomy techniques.			

ETHC 101 - Professionalism in Health Care

You will participate in an introduction to health care and health care delivery systems. Co-operative working relationships, employability skills, conflict management, critical thinking skills, communication, wellness, and stress management techniques will be emphasized throughout the course.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	<p>Competent</p>	<p>Learning</p>	<p>None</p>
1. Describe health and health care delivery.			
2. Interpret legal issues in health care.			
3. Describe standards of practice from regulatory and professional organizations.			
4. Demonstrate communication skills.			
5. Demonstrate communication approaches for various patient demographics.			
6. Demonstrate collaborative practice in the health care setting.			
7. Employ personal health and sustainable practices.			
8. Practice employability skills in health care.			

INFC 180 - Infection Control and Safety

You will study the transmission of microorganisms, blood-borne pathogens (i.e. hepatitis virus and HIV), routine practices, isolation procedures, immunization for medical workers, sterilization and disinfection, biohazard waste, safety and WHMIS.

Credit unit(s): 2.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Demonstrate the proper use of personal protective equipment.			
2. Describe the interaction between microbe and host.			
3. Describe the characteristics of microorganisms.			
4. Describe the blood-borne pathogens - Hepatitis and HIV.			
5. Follow “Routine Practices” and “Additional Precautions”.			
6. Recognize sterilization and disinfection procedures as an essential part of infection control.			

MTER 180 - Medical Terminology

You will learn to use the prefixes, suffixes and combining forms from which medical terms are derived. You will also learn to use medical abbreviations.

Credit unit(s): 1.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Examine the history of medical terminology, basic components, medical prefixes, and suffixes.			
2. Relate combining forms to body systems.			
3. Analyze commonly used medical terms and medical abbreviations.			

ECRD 101 - Basic Electrocardiography

Your studies will focus on the principles of electrocardiography (ECG). The course content includes step by step recording techniques, recognizing artifacts and identifying remedies. It will also include learning to recognize life threatening heart rates and myocardial infarctions.

Credit unit(s): 2.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Describe basic anatomy and physiology and the conduction system of the heart.			
2. Describe what electrocardiograms are.			
3. Perform a standard 12 lead electrocardiogram (ECG).			
4. Identify a systematic approach to 12-lead ECG assessments.			
5. Assess heart rates and myocardial infarction patterns.			
6. Perform additional ECG techniques.			

PROC 185 - Laboratory Specimen Procurement

You will be introduced to the structure and function of the main medical laboratories in this course. Sample collection, handling, storage, and distribution will be covered, with an emphasis on the maintenance of specimen integrity.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Describe the organization of a medical laboratory.			
2. Demonstrate the collection of blood samples by venipuncture.			
3. Explain the collection of blood samples by capillary puncture.			
4. Explain procedures for collecting and handling specimens other than blood.			
5. Complete the accessioning, centrifugation, and aliquoting of laboratory specimens.			
6. Describe the distribution, storage, and shipping of laboratory specimens.			

PSYC 104 - Psychology of Health and Wellness Management

In this course you will be introduced to theories of stress and holistic concepts of wellness honouring different cultural perspectives. You will use the Medicine Wheel as a tool to examine the influence of stress on physical, mental, spiritual, and emotional health. Finally, you will create a personal stress management plan with a goal of respecting the four elements of health.

Credit unit(s): 1.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Compare theories of stress and holistic concepts of wellness honouring different cultural Perspectives.			
2. Examine the influence of stress on physical, mental, spiritual, and emotional health using the Medicine Wheel			
3. Respect your personal stress management plan.			

SOCI 101 - Cultural and Indigenous Awareness in Health Care

You will be introduced to the sociological imagination. You will discuss the relationship between culture, colonization, and land. The sociology of science and technology will be explained. You will learn to recognize forms of oppression, diversity, and inclusion. Next you will explore the need for reconciliation and decolonization. Finally, you will develop a personal awareness plan and social action plan.

Credit unit(s): 3.0
Prerequisites: none
Corequisites: none
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	<p>Competent</p>	<p>Learning</p>	<p>None</p>
1. Describe the sociological imagination.			
2. Discuss the relationship between culture, colonization, and land.			
3. Explain the sociology of science and technology.			
4. Recognize forms of oppression, diversity, and inclusion.			
5. Explore the need for reconciliation and decolonization.			
6. Develop a personal awareness and social action plan.			