



# Child and Youth Care Diploma

## PLAR Candidate Guide

Prior Learning Assessment and Recognition (PLAR)

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### Prior learning credit options at Saskatchewan Polytechnic

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See [Get Credit for What you Know](#) for important information about all options to get credit for prior learning at Sask Polytech, including PLAR, transfer credit, Canadian Armed Forces credit, and equivalency credit.

### How to navigate this document

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This document contains links to other document sections or webpages. To return to where you were from another section in this document, press the *ALT* key and *left arrow* key at the same time. To return to this webpage from another webpage, close the other webpage or click back on the browser tab for this document.

### Contents of this guide

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This guide contains the following specific PLAR information and tools for this program

- A. [PLAR fees](#)
- B. [PLAR eligibility and options](#)
- C. [Dates when PLAR assessment is available](#)
- D. [Special directions for this program](#)
- E. [PLAR contact person](#)
- F. [Self-rating course outlines](#)

## A. PLAR fees

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Fees for PLAR challenges are set to cover our costs for consultation, assessment, and related administrative tasks. PLAR fees are non-refundable and non-transferrable.

The PLAR fees policy is subject to change for each new academic year. Please see the **Cost** section on the [PLAR webpage](#) for current fee information.

## B. PLAR eligibility and options

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To be eligible for PLAR for courses in this program, you must first apply for admission and be accepted into the program. You must also consult with the [PLAR contact person](#) and be approved for PLAR assessment.

To be approved for PLAR assessment, you must have attained the skills and knowledge to competently achieve the outcomes for one or more of the program's courses.

Additionally, you must have at least two (2) years, or 3600 hours, of successful experience within the last 5 years in the child and youth care field.

- This experience must be with an agency that is funded for, and delivers services for, children and youth who are identified as being "at risk" in Saskatchewan.
- Your work role must have involved applying a range of intervention skills with at risk children and youth and a substantial portion of work time must have been in a residential setting.
- Volunteer hours will NOT contribute to time requirements.

You must be prepared to provide your student advisor with a detailed job description from each workplace that you want counted toward recent youth care experience.

## C. Dates when PLAR assessment is available

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PLAR assessment for this program is available from Sept 1<sup>st</sup> to May 1<sup>st</sup> in each academic year.

**All PLAR assessments must be completed by May 1<sup>st</sup> of each academic year.**

## D. Special directions for this program

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1. **Review** the [PLAR process and FAQs](#) and the information in this guide.
2. **Self-rate** your learning for each course using the [Course Outlines](#) in this guide.
3. **Consult** with the [PLAR contact person](#) for PLAR approval. Be prepared to provide your resume, course self-ratings (see [section F](#)), and a partially completed [PLAR application](#). If you are approved for PLAR, the contact person will sign your PLAR application and explain next steps.
4. Apply for admission to the program. See [directions](#) for applying.
5. **Register** for PLAR at [Registration/Enrolment Services](#) once you have signed approval on your [PLAR Application Form](#). The PLAR fee will be added to your student account.
6. **Finalize** an assessment plan with your assigned assessor.
7. **Complete** assessment before your PLAR registration expires.

## E. PLAR contact person

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Contact one of the Program Heads below to arrange a consultation **after** you have read this guide and [general PLAR information](#) and rated yourself for each course (see next section). Consultation may be by phone, online, or in person. Be prepared to provide your resume, course self-ratings, and a partially completed [PLAR application](#). If agreement is reached to go ahead with PLAR, the contact person will sign approval on your PLAR application and explain the next steps. Admission to the program is required before you can register for PLAR.

**Cathy Deneiko, Program Head**

Saskatchewan Polytechnic, Saskatoon Campus

Phone: 306 – 659 – 4908

Email: [deneikoc@saskpolytech.ca](mailto:deneikoc@saskpolytech.ca)

## F. Self-rating course outlines

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Clicking on a course code below opens a page where you can rate yourself on the knowledge and skills assessed for PLAR credit. For Arts & Sciences courses, clicking on the course code opens another PLAR guide. The [PLAR contact person](#) for this program will refer you to another person to discuss PLAR for courses delivered by Arts & Sciences or another program/department.

COURSE CODE	COURSE NAME	Delivered by another department/program
<b>Year 1 - Semester 1</b>		
<a href="#">COMM 291</a>	Interpersonal Communications	
<a href="#">CYC 100</a>	Professionalism in Child and Youth Care	
<a href="#">CYC 101</a>	Child and Youth Care Practices 1	
<a href="#">CYC 102</a>	Family Dynamics in Child and Youth Care	
<a href="#">CYC 103</a>	Behaviour Supports in Child and Youth Care	
<a href="#">EMPL 180</a>	Employability Skills	<a href="#">Arts and Sciences</a>
<a href="#">HLTH 183</a>	Health Promotion in Child and Youth Care	
<a href="#">SOCI 184</a>	Sociology 1	
<b>Year 1 - Semester 2</b>		
<a href="#">CLTR 180</a>	Culture and Diversity	
<a href="#">CYC 104</a>	Therapeutic Planning in Child and Youth Care	

<b>COURSE CODE</b>	<b>COURSE NAME</b>	<b>Delivered by another department/program</b>
<a href="#">CYC 105</a>	Addictions in Child and Youth Care	
<a href="#">HUMD 188</a>	Human Growth and Development	
<a href="#">PRAC 384</a>	Child and Youth Care Practicum 1	
<a href="#">SOC 185</a>	Sociology 2	
<b>Year 1 - Semester 3</b>		
<a href="#">PRAC 385</a>	Child and Youth Care Practicum 2	
<b>Year 2 - Semester 4</b>		
<a href="#">COMM 204</a>	Communication in Child and Youth Care	
<a href="#">CYC 200</a>	Child and Youth Care Practices 2	
<a href="#">CYC 201</a>	Suicide and Behavioural Intervention in Child and Youth Care	
<a href="#">HUMR 281</a>	Group Facilitation in Child and Youth Care	
<a href="#">PRAC 393</a>	Child and Youth Care Practicum 3	
<a href="#">PSYC 188</a>	Psychology 1	
<b>Year 2 – Semester 5</b>		
<a href="#">ADMN 286</a>	Administration in Child and Youth Care	
<a href="#">CYC 202</a>	Family Dynamics and Mental Health in Child and Youth Care	
<a href="#">CYC 203</a>	Criminal Justice in Child and Youth Care	
<a href="#">CYC 204</a>	Sexual Victimization in Child and Youth Care	
<a href="#">PRAC 398</a>	Child and Youth Care Practicum 4	
<a href="#">PSYC 189</a>	Psychology 2	
<b>Year 2 – Semester 6</b>		
<a href="#">PRAC 399</a>	Child and Youth Care Practicum 5	

## COMM 291 - Interpersonal Communications

You will develop employability skills through the study of interpersonal communications theory and applications in the workplace. Learning outcomes include the importance of self-awareness and self-esteem, perception problems, verbal and nonverbal messages, and listening skills, creating positive communication climates and resolving interpersonal conflict.

**Credit unit(s):** 2.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** BCOM 103, COMM 112, COMM 135, COMM 155, COMM 160, COMM 381, HUMR 182, HUMR 186, JOBS 190, NEPS 114, NURS 114, NURS 163

Use a checkmark (P) to rate yourself as follows for each learning outcome		Competent	Learning	None
Competent:	I can apply this outcome without direction or supervision.			
<b>Learning:</b>	I am still learning skills and knowledge to apply this outcome.			
<b>None:</b>	I have no knowledge or experience related to this outcome.			
1.	Describe interpersonal communication.			
2.	Describe how self-concept and perception affect communication.			
3.	Discuss verbal and nonverbal messages.			
4.	Discuss factors affecting communication climates.			
5.	Apply skills to improve communication.			

**CYC 100 - Professionalism in Child and Youth Care**

You will visit human service agencies and meet the workers from a range of programs and agencies for children, youth, and families at risk. You will prepare for advanced coursework and confirm your career choice.

**Credit unit(s):** 4.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** ORTN 385

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Demonstrate professional behavior in child and youth care.			
2. Perform child and youth care tasks under supervision.			
3. Practice established safety procedures.			
4. Describe community child and youth care services and programs.			
5. Prepare a continued professional development plan.			

**CYC 101 – Child and Youth Care Practices 1**

You will be introduced to the assumptions, values, ethics, and laws that provide the basis for working with children, youth, and families. You will develop awareness of your professional role and boundaries in maintaining effective helping relationships. You will apply the problem-solving process in child and youth care practices.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** YCW 187

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	<b>Competent</b>	<b>Learning</b>	<b>None</b>
1. Explain the knowledge, values, ethics, and skills required for child and youth care work.			
2. Explain the importance of developing self-awareness in child and youth care work.			
3. Describe the relationship between the problem-solving process and case management.			
4. Apply the problem-solving process.			

**CYC 102 - Family Dynamics in Child and Youth Care**

You will examine the structure and patterns of family life in the context of Canadian cultural and societal diversity. You will identify and discuss issues that impact family functioning. You will use strength-based assessments, interventions, and strategies that promote resilience and healthy family life while in the role of a child and youth care practitioner.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** YCW 282

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	<b>Competent</b>	<b>Learning</b>	<b>None</b>
1. Describe family structure, function, strengths, and development within Canada’s culturally diverse society.			
2. Recognize dynamics that impact Canadian families.			
3. Demonstrate strategies for strength-based assessment and intervention planning with families.			
4. Implement child, youth, and family care occupational strategies that support families with complex needs.			



### CYC 103 - Behaviour Supports in Child and Youth Care

You will be introduced to the behavioural change process as it applies to the child and youth care worker's role with at-risk children and youth. You will examine the theories, principles, and strategies designed to increase optimal behaviours and address inappropriate behaviours. You will study practical guidelines and techniques for working with at-risk children and youth in the context of family and community. You will learn the role of functional behaviour assessment and implementation of behavioural supports in child and youth care.

**Credit unit(s):** 4.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** MGMT 193, SAFE 109

<b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b>		<b>Competent</b>	<b>Learning</b>	<b>None</b>
<b>Competent:</b>	I can apply this outcome without direction or supervision.			
<b>Learning:</b>	I am still learning skills and knowledge to apply this outcome.			
<b>None:</b>	I have no knowledge or experience related to this outcome.			
1.	Define the role of the child and youth care practitioner in behaviour support with at-risk children and youth.			
2.	Describe the developmental assets and behaviours that are critical for the successful growth and development of children and youth.			
3.	Discuss screening, assessment, and evaluation of behaviour-risk and intervention outcomes with at-risk children and youth.			
4.	Demonstrate building professional therapeutic relationships with at-risk children and youth.			
5.	Analyze behaviour intervention approaches used with challenging behaviours of at-risk children and youth.			
6.	Examine the components of crisis situations.			
7.	Apply conflict de-escalation strategies.			

### EMPL 180 - Employability Skills

You will receive instruction and practice in written communication skills needed in the workplace. You will develop effective job search strategies, with emphasis on communicating a professional image through job search materials and interview skills.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** COM 103, COM 105, COMM 292, EMPS 105

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Apply workplace writing skills.			
2. Use professional email practices.			
3. Write an incident report.			
4. Use job search skills.			
5. Create a job search portfolio.			
6. Apply job interview skills.			

**HLTH 183 - Health Promotion in Child and Youth Care**

You will discuss a holistic approach to wellness with a focus on personal health. You will receive instruction in the lifestyle practices that promote health and wellness. You will study workplace safety practices and demonstrate competency in practical skills necessary for practitioner, child, youth, and family safety.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** none

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Discuss holistic health and wellness in child and youth care.			
2. Demonstrate standard precautions in child and youth care.			
3. Demonstrate workplace safety in child and youth care settings.			
4. Discuss the importance of nutrition and health to children and youth.			
5. Practice healthy self-care for the child and youth care practitioner.			

**SOCI 184 - Sociology 1**

The course provides an introduction to the sociological perspective and addresses the study of people as social beings. You will examine culture, socialization processes and social inequality.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** SOCI 160

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Describe the sociological perspective.			
2. Describe sociological research, methodology and ethics.			
3. Describe culture and socialization from a sociological perspective.			
4. Describe social inequality in Canada.			
5. Discuss gender and sexuality from a sociological perspective.			
6. Describe race and racialization.			
7. Describe families and family violence from a sociological perspective.			

**CLTR 180 - Culture and Diversity**

You will be introduced to the many facets of culture. Your studies will focus on the personal attitudes and values involved in appreciating cultural differences. You will explore multiculturalism in Canadian society and discuss practices that promote acceptance of diversity in society.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** CLTR 100

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Describe diversity and social inequality in Canadian society.			
2. Identify your personal and occupational diversity competence.			
3. Examine diversity in Canadian culture.			
4. Develop occupational activities that promote socialization and equality.			

### CYC 104 - Therapeutic Planning in Child and Youth Care

You will examine the role of the child and youth care practitioner in planning and implementing culturally and developmentally appropriate programs for at-risk children and youth. You will develop, implement, and evaluate individual and group activities, Indigenous cultural activities, and activities that involve the use of social media.

**Credit unit(s):** 3.0  
**Prerequisites:** CYC 101  
**Corequisites:** none  
**Equivalent course(s):** REHA 281

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Explain the benefits of therapeutic recreational activity for at-risk children and youth.			
2. Propose program ideas and topics.			
3. Discuss needs assessment processes for planning therapeutic programs.			
4. Compose program goals and objectives.			
5. Develop strategies for planning recreational activities.			
6. Implement therapeutic program activities for at-risk children and youth.			
7. Evaluate therapeutic program activities for at-risk children and youth.			

**CYC 105 - Addictions in Child and Youth Care**

You will examine historical trends and perspectives of addictive behaviours and interventions, with a focus on substance, gambling, and sexual addictions. You will identify drug classifications and the impact of addiction on family functioning. You will learn about prevention, intervention, and treatment options.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** YCW 284

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	<b>Competent</b>	<b>Learning</b>	<b>None</b>
1. Describe current North American trends and perspectives regarding substance usage/abuse.			
2. Explain theories of drug/alcohol dependence and addiction.			
3. Describe the different drug classifications.			
4. Discuss youth gambling addictions.			
5. Discuss youth sexual addictions.			
6. Identify the relationship between substance usage/abuse and family issues.			
7. Identify child and youth care practice strategies for the prevention of substance abuse problems.			
8. Explain child and youth care practice strategies for addiction treatment and relapse prevention.			

## HUMD 188 - Human Growth and Development

You will learn the physical, sensory, perceptual, cognitive, social, and personality stages of human growth and development from conception to death.

**Credit unit(s):** 4.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** none

Use a checkmark (P) to rate yourself as follows for each learning outcome		Competent	Learning	None
<b>Competent:</b>	I can apply this outcome without direction or supervision.			
<b>Learning:</b>	I am still learning skills and knowledge to apply this outcome.			
<b>None:</b>	I have no knowledge or experience related to this outcome.			
1.	Describe growth and development from conception to end of life.			
2.	Describe growth and development in infancy and early childhood.			
3.	Describe growth and development in middle childhood and adolescence.			
4.	Describe growth and development in early and middle adulthood.			
5.	Describe growth and development in late adulthood and the end of life.			
6.	Describe death, dying and bereavement.			



**PRAC 384 - Child and Youth Care Practicum 1**

You will apply knowledge and skills learned in your coursework at a program or agency that provides child, youth, and family services to persons at risk. Under the supervision of the agency, you will develop skills needed to work as a child and youth worker in a residential setting.

**Credit unit(s):** 9.0  
**Prerequisites:** EMPL 180, CYC 100, CYC 101, CYC 103  
**Corequisites:** none  
**Equivalent course(s):** none

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Identify professional conduct expected in child and youth care service agencies.			
2. Develop a portfolio that supports student success and readiness for professional practice.			
3. Identify function and operation of the child and youth care agency and its relationship to the community it serves.			
4. Identify roles of child and youth care staff within a residential setting.			
5. Review procedures to record documentation.			
6. Identify prevalent at-risk factors in children and youth.			
7. Review intervention programs/activities.			
8. Describe child and youth care practices that prompt respect for diversity in the context of Indigenous culture.			
9. Demonstrate professional practice in child and youth care.			
10. Demonstrate effective professional relationships.			
11. Practice a healthy work life balance.			
12. Prepare a self-care plan.			

## SOCI 185 - Sociology 2

Building on what you learned in SOCI 184, you will examine the importance of a sociological understanding in human service professions. You will study social institutions, social deviance, and issues facing mainstream and marginalized people in Canada.

**Credit unit(s):** 3.0  
**Prerequisites:** SOCI 184  
**Corequisites:** none  
**Equivalent course(s):** SOCI 260, SOCI 282

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Describe education from a sociological perspective.			
2. Describe religion from a sociological perspective.			
3. Discuss crime, law and regulation in Canada.			
4. Explain the role of mass media in Canada.			
5. Describe Canadian health policy, aging, and disabilities from a sociological perspective.			
6. Describe work and the political economy in Canada.			
7. Explain globalization and environmental sociology.			

## PRAC 385 - Child and Youth Care Practicum 2

Building on the experience you gained in Practicum 1, you will develop independence and expand the skill set needed to work as an employee in social services, residential, educational, or community agency that provides child, youth, and family services in Saskatchewan.

**Credit unit(s):** 11.0  
**Prerequisites:** PRAC 384  
**Corequisites:** none  
**Equivalent course(s):** none

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Identify professional conduct expected in child and youth services agencies based on practicum experiences.			
2. Identify personal and professional career goals.			
3. Develop a portfolio that integrates personal career goals with the learning outcomes.			
4. Identify roles within a community/school setting.			
5. Implement the components of a healthy therapeutic relationship with children and youth.			
6. Demonstrate effective therapeutic activities.			
7. Demonstrate flexibility to changing environment.			
8. Demonstrate intervention skills for behaviours of children and youth.			
9. Examine the impact of generational trauma on children and youth within the practicum agency.			
10. Formulate a therapeutic relationship with children and youth.			
11. Formulate a working relationship with co-workers.			
12. Organize supervision consultations.			
13. Evaluate personal self-care plan.			

**COMM 204 - Communication in Child and Youth Care**

You will be introduced to the principles of advanced communication, conflict theory, and conflict resolution models applicable to the role of a child and youth care practitioner.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** YCW 285

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Identify theory and approaches to resolving conflict within child and youth care practices.			
2. Identify Indigenous Canadian cultural approaches to conflict resolution.			
3. Explain the elements and types of conflict resolution.			
4. Explain the Interest Based Conflict Resolution Model.			
5. Demonstrate the mediation of a conflict that occurs in child and youth care practice.			
6. Apply Indigenous Canadian cultural approaches of conflict resolution within child and youth care practices.			

**CYC 200 - Child and Youth Care Practices 2**

You will focus on the role of community development as a tool to improve service for children and youth. You will learn how to advocate for change and manage barriers that impede effective service delivery.

**Credit unit(s):** 3.0  
**Prerequisites:** CYC 101  
**Corequisites:** none  
**Equivalent course(s):** YCW 281

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Analyze the principles of community development for child and youth care.			
2. Review the role of the child and youth care worker in promoting community development.			
3. Implement the principles of community development.			
4. Establish skills and strategies for managing barriers to change.			

**CYC 201 - Suicide and Behavioural Intervention in Child and Youth Care**

You will identify and assess suicide risk factors for children and youth, apply suicide intervention techniques, and examine ways to mobilize community support. You will identify suicide prevention and post intervention strategies related to helping individuals and the community.

**Credit unit(s):** 3.0  
**Prerequisites:** CYC 103  
**Corequisites:** none  
**Equivalent course(s):** COUN 180

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	<b>Competent</b>	<b>Learning</b>	<b>None</b>
1. Identify risk factors of suicide for children and youth.			
2. Analyze common perspectives and societal attitudes of suicide.			
3. Compare suicide intervention strategies for children and youth.			
4. Demonstrate suicide intervention strategies.			
5. Compare community supports for child and youth care.			

## HUMR 281 - Group Facilitation in Child and Youth Care

You will be introduced to the foundations and structure of group work. You will explore the concepts of roles, norms, motivation, diversity, leadership, and power as they relate to being an effective group member. You will be provided the opportunity to develop practical skills and experience in group facilitation.

**Credit unit(s):** 3.0  
**Prerequisites:** PRAC 385  
**Corequisites:** none  
**Equivalent course(s):** none

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Identify purposes and guiding principles of group work.			
2. Explain the benefits and challenges of diversity and balance in group work.			
3. Demonstrate leadership skills in group work.			
4. Apply effective communication and listening in group work.			

### PRAC 393 - Child and Youth Care Practicum 3

Building on the experience you gained in Practicum 1 and 2, with the support of agency supervision, you will develop professional practice and become directly involved in child, youth, and family services within a community.

**Credit unit(s):** 11.0  
**Prerequisites:** COMM 291, CYC 104, PRAC 385, CYC 200(concurrent), CYC 201(concurrent)  
**Corequisites:** none  
**Equivalent course(s):** none

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Revise personal and professional career goals.			
2. Revise personal self-care plan.			
3. Revise portfolio that integrates personal career goals with the learning outcomes.			
4. Demonstrate professional conduct expected in youth services agencies based on practicum experiences.			
5. Demonstrate professional working relationships with the practicum agency staff and its children and youth.			
6. Examine current challenges and paths forward unique to Indigenous children and youth.			
7. Create a community resource list of services and supports available to children and youth within the practicum community.			
8. Compose reports related to child and youth.			
9. Design a group program or therapeutic activity.			
10. Construct the appropriate components of child and youth case plans into youth care practices.			
11. Evaluate the effectiveness of crisis intervention strategy.			



**PSYC 188 - Psychology 1**

You will be introduced to the scientific study of human behaviour. You will study Psychology as a discipline of neuroscience and behaviour, sensation and perception, states of consciousness, learning, and memory.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** PSYC 184

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Describe the discipline of psychology and the scientific study of human behaviour.			
2. Identify the structural and functional relationship of biology and behaviour.			
3. Explain the processes of sensation and perception.			
4. Analyze states of consciousness and ways in which consciousness is altered.			
5. Differentiate the processes of classical, operant, and cognitive learning.			
6. Analyze the processes of memory.			

**ADMN 286 - Administration in Child and Youth Care**

Building on Child and Youth Care Practices 1, you will receive an overview of the governance, organizational structures, funding mechanisms, and operations of human services agencies. You will learn the legal and employment considerations for children and youth, workers, employers, and volunteers in human services.

**Credit unit(s):** 3.0  
**Prerequisites:** PRAC 393  
**Corequisites:** none  
**Equivalent course(s):** none

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	<b>Competent</b>	<b>Learning</b>	<b>None</b>
1. Examine the organizational structures and operation of the agencies that provide service to children, youth, and families.			
2. Analyze the legal and liability administration issues in child and youth care work.			
3. Examine the components and data sources for child, youth, and family service proposals.			
4. Apply administration practices of human services.			
5. Compose a written project proposal and project budget for a new initiative at the practicum agency (for PRAC 398 & PRAC 399).			

**CYC 202 - Family Dynamics and Mental Health in Child and Youth Care**

You will be introduced to the psychological and social disorders seen in youth at risk. You will learn how these disorders manifest and are screened, assessed, and treated.

**Credit unit(s):** 3.0  
**Prerequisites:** CYC 102  
**Corequisites:** none  
**Equivalent course(s):** SPSY 290

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Identify the manifestation of abnormal behaviours in child and youth at risk.			
2. Examine how abnormal behaviours are screened, assessed, and treated.			
3. Examine family dynamics and mental health.			
4. Evaluate the support of mental health and child and youth care services.			

**CYC 203 - Criminal Justice in Child and Youth Care**

You will examine the Youth Criminal Justice Act and how it works within Canadian criminal law. You will explore the history of juvenile justice and examine the impact of custodial placements on children and youth.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** SPSY 184

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Examine the history of children and youth in conflict with the law.			
2. Examine the main components of the criminal justice system under the Youth Criminal Justice Act.			
3. Evaluate the purpose of corrections in the criminal justice system.			
4. Analyze the effect of custodial placements on offenders.			

**CYC 204 - Sexual Victimization in Child and Youth Care**

You will focus on the scope and characteristics of sexual violence in Canada. You will learn to identify indicators of sexual abuse, the impact on the victim and family, and the recovery process. You will study the importance of self-awareness and self-care.

**Credit unit(s):** 3.0  
**Prerequisites:** none  
**Corequisites:** none  
**Equivalent course(s):** YCW 283

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	<b>Competent</b>	<b>Learning</b>	<b>None</b>
1. Identify the characteristics of sexual violence and exploitation.			
2. Examine the impacts of sexual violence and exploitation on children, youth, and families.			
3. Assess the legal and ethical requirements for child and youth care workers to report, respond, and prevent child sexual abuse.			
4. Assess the role of the child and youth care worker in intervention, treatment, and recovery programming with victims of sexual violence.			

**PRAC 398 - Child and Youth Care Practicum 4**

Building on the experience you gained in Practicum 1, 2, and 3, you will organize methods of supervision and feedback and utilize this for your professional growth and development. You will build awareness of organizational policies, documentation, planning, and reporting expectations required in child, youth, and family programs.

**Credit unit(s):** 11.0  
**Prerequisites:** HUMR 281, COMM 204, PRAC 393, ADMN 286(concurrent), CYC 202(concurrent), CYC 204(concurrent)  
**Corequisites:** none  
**Equivalent course(s):** none

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Revise personal and professional career goals.			
2. Revise personal self-care plan.			
3. Revise portfolio that integrates personal career goals.			
4. Perform effectively as a team member.			
5. Demonstrate professional conduct expected in youth services agencies based on practicum experiences.			
6. Design a support plan for a child or youth using the principles of harm reduction or trauma informed care.			
7. Compose reports related to child and youth screening, behavioural interventions, and crisis intervention.			
8. Evaluate the effectiveness of crisis intervention strategy.			
9. Design a group program or therapeutic activity which incorporates traditional Indigenous cultural practices in the context of child and youth care.			
10. Construct a report on an established program or project of the agency.			
11. Map a flow chart of all staff within the practicum setting.			

**PSYC 189 - Psychology 2**

You will continue to examine the scientific examination of human behaviour introduced in PSYC 188, Psychology 1. You will study intelligence, cognition and language, motivation and emotion, social psychology, personality, health, and stress.

**Credit unit(s):** 3.0  
**Prerequisites:** PSYC 188  
**Corequisites:** none  
**Equivalent course(s):** none

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	<b>Competent</b>	<b>Learning</b>	<b>None</b>
1. Examine the structure and function of intelligence, cognition, and language.			
2. Examine theories, components, and experiences of motivation and emotion.			
3. Compare theories and world realities of social psychology.			
4. Evaluate theories of personality and approaches to assessment.			
5. Assess the relationship between health, stress, illness, and lifestyle.			

**PRAC 399 - Child and Youth Care Practicum 5**

Building on the experience you gained in Practicum 1, 2, 3, and 4, you will apply extended experience working with human services programs for at risk persons and groups to administration functions that child and youth care professionals carry out in the workplace. You will develop leadership, documentation, reporting, and project management skills and demonstrate independence in the work assigned as a child and youth care worker.

**Credit unit(s):** 12.0  
**Prerequisites:** PRAC 398  
**Corequisites:** none  
**Equivalent course(s):** none

<p><b>Use a checkmark (P) to rate yourself as follows for each learning outcome</b></p> <p><b>Competent:</b> I can apply this outcome without direction or supervision.  <b>Learning:</b> I am still learning skills and knowledge to apply this outcome.  <b>None:</b> I have no knowledge or experience related to this outcome.</p>	<b>Competent</b>	<b>Learning</b>	<b>None</b>
1. Revise personal and professional career goals.			
2. Revise self-care plan.			
3. Revise portfolio that integrates personal career goals.			
4. Perfect time management skills.			
5. Design a project proposal and project budget for a new initiative as approved by practicum agency.			
6. Develop a support plan for a child/youth or staff educational project.			
7. Evaluate the support plan for the child/youth.			
8. Implement the support plan for the child/youth.			
9. Devise a personal professional development plan.			
10. Arrange a professional development event with a focus on contemporary realities and resilience of Indigenous peoples in Canada.			
11. Implement the professional development event for staff.			
12. Evaluate the professional development event.			
13. Facilitate a staff meeting.			