

## Mentor Questionnaire

Answering the following questions can help you determine whether or not you are ready to take on a mentor role.

Question	Response
Why do you want to be a mentor?	
What kind of time commitment are you willing to make to a mentoring relationship?	
How formal would you like the relationship to be?	
How frequently are you willing to meet?	
How long do you expect the relationship to last?	
What special skills and knowledge; education and training; experience or affiliations are you able to offer a mentee?	
What kind of projects would you like to work on with a mentee?	

*Adapted from the Graduate Women's Association Mentoring Handbook, Arizona State University, 2000—2001*

## Mentor Motivation Checklist

**Instructions:** For each item below, put a check in the “yes” column if the reason listed reflects why mentoring appeals to you. If it does not, put a check in the “no” column. Following each item, list concrete examples to illustrate your answer.

Reasons why mentoring appeals to me	Yes	No	Example
I like the feeling of having others seek me out for advice or guidance			
I find that helping others learn is personally rewarding			
I have specific knowledge that I want to pass on to others			
I enjoy collaborative learning			
I find working with others who are different from me to be energizing			

*Adapted from: Zachary, L.J. (2000). The mentor's guide: Facilitating effective learning relationships. San Francisco, CA: Jossey-Bass.*

## Mentee Interest Questionnaire

Answering the following questions can help you determine whether or not you are ready to take on a mentee role.

Question	Response
What do you want/need to be mentored in? For example, what goals do you want to achieve? What information do you want to gain access to?	
What specific questions need to be answered?	
What specific objectives and experiences do you think will help you achieve your goals?	
What kind of time commitment are you willing to make to a mentoring relationship? How formal? Frequency of meeting? Length of relationship?	
What do you think you can offer to a mentor who is willing and able to work with you?	

*Adapted from the Graduate Women's Association Mentoring Handbook, Arizona State University, 2000—2001*

## Mentee Readiness Checklist

**Instructions:** For each item below, put a check in the “yes” column if the reason listed reflects why mentoring appeals to you. If it does not, put a check in the “no” column. Following each item, list concrete examples to illustrate your answer.

Are you looking for someone who:	Yes	No	Example
Shares the tacit and technical knowledge of the professional field, the environment, and the institutional social and political culture and climate			
Demonstrates accepted and valued behaviours and attitudes within the profession and institution			
Supports, sponsors and stimulates you in terms of professional advancement			
Uses connections to promote and create opportunities			
Assists in identifying and clarifying your needs and goals			
Prepares you for professional growth inside and outside the organization			
Provides advice, assistance and guidance on a more personal level			
Nurtures and reinforces your identity, including self-confidence and self image			
Models the personality traits, skills and/or knowledge that you admire			
Provides a base for passing on or handing down the tradition of inquiry and sharing how to acquire critical information			
Assists in planning for the future and determining ways or methods of achieving desired goals			
Assists in searching for new ways to think about or conceptualize teaching and learning in the workplace			
Increases your self-awareness by giving feedback to assess thinking and development			