## SASKATCHEWAN FARMERS & RANCHERS NEEDED FOR RESEARCH

## We are looking for volunteers to take part in the Saskatchewan Farmer and Rancher Mental Health (FARMh) Initiative

Interested participants will be asked to participate in a 30-60 minute phone interview. We would like to connect with you to discuss mental health and your ideas about effective mental health supports that are tailored towards farmers and ranchers.



Farmers and/or ranchers must own or lease their farm or ranch and be working on the farm or ranch. All participants must be: over 18 years of age; any type of agricultural producer (grain farmer, cattle rancher, dairy farmer, hog producer, etc.); living anywhere in Saskatchewan. Participants may also have off-farm employment.

For more information about this study, or to volunteer for this study, please contact:

Michelle Pavloff RN, PhD(c) Research Chair, Rural Health Faculty, School of Nursing Saskatchewan Polytechnic Michelle.Pavloff@saskpolytech.ca

## Call or text 1-639-414-FARM (3276)



This study has been approved by the University of Saskatchewan Behavioural Research Ethics Board (Approval ID #2174)