



Additional Authorized Practice

PLAR Candidate Guide

Prior Learning Assessment and Recognition (PLAR)

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Prior learning credit options at Saskatchewan Polytechnic

See [Get Credit for What you Know](#) for important information about all options to get credit for prior learning at Sask Polytech, including PLAR, transfer credit, Canadian Armed Forces credit, and equivalency credit.

How to navigate this document

This document contains links to other document sections or webpages. To return to where you were from another section in this document, press the *ALT* key and *left arrow* key at the same time. To return to this webpage from another webpage, close the other webpage or click back on the browser tab for this document.

Contents of this guide

This guide contains the following specific PLAR information and tools for this program

- A. [PLAR fees](#)
- B. [PLAR eligibility and options](#)
- C. [Dates when PLAR assessment is available](#)
- D. [Special directions for this program](#)
- E. [PLAR contact person](#)
- F. [Self-rating course outlines](#)

A. PLAR fees

Fees for PLAR challenges are set to cover our costs for consultation, assessment, and related administrative tasks. PLAR fees are non-refundable and non-transferrable.

The PLAR fees policy is subject to change for each new academic year. Please see the **Cost** section on the [PLAR webpage](#) for current fee information.

B. PLAR eligibility and options

To be eligible for PLAR in this program, you must have an unincumbered license in a Canadian jurisdiction.

- Licensure with the College of Registered Nurses of Saskatchewan (CRNS) as an RN(AAP) requires the successful completion of the following courses, in sequential order:
 1. NURS 225 Health Assessment
 2. PHAR 271 Clinical Drug Therapy
 3. NURS 1679 Clinical Decision Making for Additional Authorized Practice
- PLAR is available for NURS 225 and PHAR 271 only.
- Once successfully completed via PLAR or course work, students may enroll in NURS 1679.

Please note: Students who apply for PLAR and are not successful but still want to obtain the designation will be required to register and complete the course in which they were unsuccessful.

C. Dates when PLAR assessment is available

PLAR assessment for this program is available from Sept 1 to May 1 in each academic year.

All PLAR assessment must be completed by May 1 of each academic year.

D. Special directions for this program

1. **Review** the [PLAR process and FAQs](#) and the information in this guide.
2. **Self-rate** your learning using the [Course Outlines](#) in this guide.
3. **Consult** with the [PLAR contact person](#) for PLAR approval. Be prepared to provide your resume, course self-ratings (see [section F](#)), and a partially completed [PLAR application](#). If you are approved for PLAR, the contact person will sign your PLAR application and explain next steps.
4. **Submit** the following items to cnpp@saskpolytech.ca:
 - a. Completed [Self-rating course outline](#) for the course you are applying to PLAR
 - b. Partially completed [PLAR application form](#)
 - c. Updated Resume/CV
5. **Pay** the required registration fee. If you are approved for PLAR, your application will be sent to [Enrolment Services](#) and you will be registered in the appropriate course. You will receive email confirmation of the registration and will be required to pay the course fees.
6. **Complete** assessment requirements within 8 weeks* of registration.
 - Students will be provided access within 24 hours of being registered to the course content.
 - Students will arrange with the assigned faculty the assessment date(s).
 - All other information will be provided in the online course materials.

**Non-completion will constitute a failure and the student will be required to complete the regular course offering to obtain credit.*

E. PLAR contact person

Contact the person below to arrange a consultation **after** you have read this guide and [general PLAR information](#) and rated yourself for each course (see next session). Consultation may be by phone, online, or in person. Be prepared to provide your resume, course self-ratings, and a partially completed [PLAR application](#). If agreement is reached to go ahead with PLAR, the contact person will sign approval on your PLAR application and explain the next steps. Admission to the program is required before you can register for PLAR.

Jeannine Bruce, Administrator
Additional Authorized Practice
Saskatchewan Polytechnic, Regina Campus
Phone: 306 – 775 - 7335
Email: cnpp@saskpolytech.ca

F. Self-rating course outlines

Clicking on a course code below opens a page where you can rate yourself on the knowledge and skills assessed for PLAR credit.

COURSE CODE	COURSE NAME	Delivered by another department/program
NURS 225	Health Assessment	
PHAR 271	Clinical Drug Therapy Course Description	

NURS 225 – Health Assessment

This course is designed to develop your expertise in gathering a health history and performing comprehensive physical examinations. You will practice interviewing an adult client and review and further develop your skills in physical examination. Evaluation of your assessment skills will be completed. The emphasis will be on assessment and its application to the normal.

Credit unit(s): 10.0
Pre and Co Requisites: Registered Nurse
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Complete a Comprehensive Health History for an Adult Client.			
2. Demonstrate the Components of a Physical Examination.			
3. Perform a General Survey on an Adult Client.			
4. Perform a Mental Status Examination on an Adult Client.			
5. Perform an Assessment of the Integument on an Adult Client.			
6. Perform an Assessment of Head and Neck on an Adult Client.			
7. Perform an Assessment of the Thorax and Lungs on an Adult Client.			
8. Perform an Assessment of the Cardiovascular System on an Adult Client.			
9. Perform an Assessment of the Breasts and Axillae on an Adult Client.			
10. Perform an Assessment of the Abdomen on an Adult Client.			
11. Describe the Assessment of the Adult Male and Female Genitalia and Rectum.			
12. Perform an Assessment of the Musculoskeletal and Peripheral Vascular Systems on an Adult Client.			
13. Perform an Assessment of the Neurological System on an Adult Client.			
14. Adapt the Techniques of Health Assessment for Infants and Children.			

PHAR 271 – Clinical Drug Therapy

New research and clinical experiences result in ongoing changes in the drug therapy field. As an experienced health care provider, you will review essential information that reflects current clinical drug therapy by examining the common classification of drugs. The course content includes strategies to promote safe, effective drug therapy prescribing while considering the clients' individual characteristics.

Credit unit(s): 5.0
Pre and Co Requisites: NURS 225 Health Assessment
Equivalent course(s): none

<p>Use a checkmark (✓) to rate yourself as follows for each learning outcome</p> <p>Competent: I can apply this outcome without direction or supervision. Learning: I am still learning skills and knowledge to apply this outcome. None: I have no knowledge or experience related to this outcome.</p>	Competent	Learning	None
1. Describe the factors related to the safe use of drugs.			
2. Explain the concepts and processes of drug action.			
3. Examine the drugs affecting the central nervous system (CNS).			
4. Examine the drugs affecting the autonomic nervous system (ANS).			
5. Examine the drugs affecting the endocrine system.			
6. Examine the drugs used to treat infections.			
7. Examine the drugs affecting the respiratory system.			
8. Examine the drugs affecting the cardiovascular and renal systems.			
9. Examine the drugs affecting the gastrointestinal system.			
10. Examine the drugs affecting in an emergency situation.			